



From My Heart...

My Dear Lila Daughters,
Wishing you all a very happy festival of lights! This issue has got a bit delayed because of some unforeseen medical issues and the packed schedule of us. It has been a hectic time in LPF. The selection of girls for scholarships for the academic year 2024-2025 was planned to start as that of each year, however some new challenges came up in the working of our beloved Foundation, creating additional workload to decide on how to proceed. Maharashtra Government issued new guidelines to all colleges and universities about admission Process for Professional Courses in Higher Education for all girls. female students from economically backward class (EBC), economically weaker sections (EWS), socially and educationally backward classes (SEBC), and other backward classes (OBC) all these categories will be entitled to 100% reimbursement of tuition and examination fees. This was applicable not only to those seeking new admission for 24-25 but also for all those who have yet to complete their ongoing courses. This resulted in reworking on all our budgets and priorities. Connecting with our partners and reworking the procedures. But now, the things are under control and we have started our selection procedure for the new batch as also the claim processing of the existing batches.

We have added new batch of 292 Lila Juniors this academic year. This being the 14th batch of girls in this project making a total of 3240 girls who have benefited from this program. We had the award function for them



With Zareen Khan- Stockholm

in July 2024. Of these 14 batches, 5 batches have completed their graduation and many have even got excellent jobs and are now independent and taking care of their families. This indeed has been very gratifying for all of us at LPF. Adopting these children when they were 10 or 11 years and now grown up with us and become economically independent.

We now have completed our process for selection of other categories of students' i.e. graduate engineering, diploma to engineering, science graduates, Post-graduation and graduation in nursing. We are working hard to ensure we complete all the process before the end of the year in all regions including Pune, Wardha, Amravati, Nagpur, Hyderabad and Bangalore.

Our very effective and popular training programs will continue and we will study how to enhance our various programs and make them more relevant to the need of the students. You girls are encouraged to give your suggestions for any special training programs you think will meet the ever-changing environment.



With Mubashsharaha Khan Soniya Sarand their families and our friends

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With Soniya Sarang Oslo

Organizing get-togethers and parties is becoming more difficult due to such large number of girls in the family. Over the last 28 years we have built a family of more than 15,800 daughters. In spite of that we have made an effort to have some enjoyable get-togethers with daughters in mission LPF and mission 2 LPF Whatsapp groups. We also celebrated Dad's 86th Birthday. We can organize more such programs, if all of you are willing to participate and volunteer and support the staff to coordinate such events. Staff is getting overloaded with office routine work so we need volunteers for such events. Come forward with your suggestions.

Now to take you to various countries and cities where Dad and me travelled during the period March to September. In April, after Dad's birthday celebration, we left for London, UK. During this visit, we had our friends Michaela and Peter Raussendorf to join us from Germany. We together went to visit the ASHA CENTER at Gloucester, where we have taken 9 batches of LF/LG for 24 days sustainable leadership training program. Unfortunately, this program came to a stop due to COVID and we have not been able to restart the same due to lack of resources. We then went to Lourdes in France. Following this, we flew to Gothenburg for my Board Meeting and returned home after a very enjoyable visit. We then proceeded to Stockholm to meet our old Alfa Laval and Tetra Pak's friends. We also met one of our LF Zarin Khan in Stockholm together with her husband Wahab and daughter Ayzal. She has a scholarship for doing her post-doctoral research in environment.

In June we took a trip to Norway, Finland, and Estonia. In Norway we visited Oslo, where we met two of our LF, with their families, who have been working there for

some years now. One was Mubashsharaha Khan LF 2003 and the other one Soniya Sarang LF2009 and PA 2012. We spent a lovely afternoon together enjoying different types of cakes and cookies with their families. Here too our friends from Germany Michaela and Peter joined us and we visited many places during our three days stay, especially the beautiful waterfalls and scenic Fjords, for which Norway is very well known. The Opera Theatre was the most modern and unique structure we have seen. We then took a train to FLAM. From Flam we took a Ferry to Dresden.

Next, we flew to Helsinki in Finland. Another beautiful Scandinavian country. Here we met Diana Lobo LF 1997. She together with her son Kenneth, spent a lot of time with us. She took us around to some very interesting places. Here the most unique place we saw was the city library.

We then boarded a ferry to go to Tallin in Estonia. One of the quaintest cities in Europe. I recollected being in Tallin before during my Alfa Laval days. We had exported an



With Diana Lobo-Helsinki

apple juice making plant and I had visited to supervise the project installation.

All the cities we visited during these two trips were very exciting, enjoyable and very educative. But to beat all of these, was our latest travel in August/September on a 12-day Cruise of central Europe. We started with two days stay in Amsterdam, Netherlands, the city we have visited more than 10 times. We love this city. Dad



With Mubashsharaha

has been visiting Amsterdam multiple times as he was exporting roses, grown in his farm FilaRozil in Kamshet, to Amsterdam auction house for many years. From there we took a train to Rotterdam, Netherlands, from where we boarded our ship, and started our exciting journey sailing through Bordeaux in France wine growing country. Than to Porto in Portugal. Continued sailing and landed in Lisbon also in Portugal, for two days. Lisbon was so

beautiful we did the who city tour in a Tuk Tuk. A new experience altogether. Next, we sailed to Cadiz Seville in Spain. From there we landed for a day in Gibraltar UK. Saw the Rock of Gibraltar, which we have been reading about since our school days. Here we had an amazing experience. We could locate Dad's college friend, named Sunder Methane. This was an unbelievable meeting of two individuals who had met in college in early fifties. Sunder moved to Gibraltar and Dad remained in Pune. They lost contact. And when we realized we are stopping for a day in Gibraltar we tried our best to locate dad's friend, and believe it or not we did locate him and spend few hour with him and his family. They both talked and recollected all their college days fun they had. They kept laughing. I was very happy to see Dad so happy to meet a friend. We than again moved on to land in Malaga in Spain and finally at Barcelona again in Spain, where we disembarked. It was a marvelous 12 day journey. Though this was our 9th Cruise, we still felt like it is our first experience. It was a unique experience. We spent three days in Barcelona, enjoying Spanish food and famous architect Gaudi's structures, most unique being the Basilica of the Sigrid Familiar. Also visit to MONTSERRAT BASILICA also known for the statue of Mother Mary as Black Madonna, in an almost vertical train was an experience to remember. This ended our most enjoyable trip and we returned back home.

I would have liked to share details of every city we visited, but the Chief editor has put a limit to how many words I can write. So, in next issue I will not write but do a picture article so you can see the beautiful places we visited. Until than Bye. Festival season has already started. We had Dussehra, followed by Diwali, Bhau Beej and now awaiting for Christmas' and New Year. Wish you all the best for all these festivals. Enjoy each one of them and create your own memories and dream for next year. 2025 is a land mark year for LPF. It is a celebration of three decades of the work we have been doing, with each one of you actively participating in the celebrations. DO come up with suggestions of how we can make 2025 as a memorable year for all of us at LPF. Good luck to all of you.

Love you all

Lila

Yours

Mom to all Lila daughters and Friend to all readers.

'The greatest sin is to think yourself as weak.' - Swami Vivekananda

LPF shares yet another story of daughter **Puja Shriram Hage, LILA Girl 2018**. She is a dynamic Civil Engineer, Contractor (Class V).



After completing her degree in Civil Engineering from Sant Gadge Baba University, Amravati and diploma in Civil Engineering from Government Polytechnic, Amravati, she got selected and worked for 8 months in Infosys Ltd.

But then, she likes to say, "I found myself more passionate about Civil Engineering so, I decided to leave Infosys Ltd. and I resigned there. As I did AutoCad course, I started to plan new houses for different plot size and also started to go at different construction sites for practical knowledge. After some months, I started my Own Consultancy named as "RADHAKRUSHAN CONSULTANCY". In this consultancy, I started to plan various types of buildings like residential (1BHK, 2BHK, 3BHK, etc.), Commercial, Business, etc.

I also decided to take government contracts so did registration at works division Z.P. and now I am registered Contractor to take contracts in works division.

I think every girl can start a career journey from anywhere but one thing is that we should have willpower and dedication about work. Every lady will definitely be a successful lady if she keeps herself self-motivated and works with patience.

For building my career LPF plays a very important role, here I have a lovely and supportive "MOM". LPF is not only providing scholarships to girls but also helps them for their all around development like here we studied self defence, personality development, english speaking, etc. So, girls feel self-strong and choose a correct career option and work for it.

DREAMS + WORK = SUCCESS

Thank You Very Much LPF for such wonderful support and guidance. LPF also wishes her good luck!

■ **Compiled by Siddhi Phapale**
LG 2022

Recently our beloved daughter **Dr. Rita Shetiya (LF 2005, PA 2011)** published her academic book "BRICS AND INDIA: PROSPECTS AND CHALLENGES"



The details are provided as follows:

Book Introduction: 2024

Book Name: BRICS and India: Prospects and Challenges

Author: Dr. Rita Madanlal Shetiya

Publisher: Kitab Writing Publication

Year: March 2024

Format: EBook and Paperback

Pages: 305

Price: Paper Bound: 399/

EBook: 65 Rs.

Available on the following platforms:

BRICS AND INDIA, Dr. Rita Madanlal Shetiya: <https://play.google.com/store/books/details?id=8an4EAAAQBAJ>

BRICS AND INDIA: Prospects and Challenges <https://amzn.in/d/9YGjhsU>

In her latest book, "BRICS AND INDIA: PROSPECTS AND CHALLENGES," Dr. Shetiya explores the profound transformations catalyzed by globalization. With a keen focus on the BRICS organization's pivotal role in shaping the global economy, the narrative delves into key factors such as specialization, capital efficiency, and resource utilization.

Exploring what Extent BRICS organization is playing an important role in world order. This book aims to fill a gap in studies of the **BRICS** of grouping countries (Brazil, Russia, India, China and South Africa). This book provides a unique and timely analysis of the role of BRICS in the economic development of BRICS and underdeveloped countries. The emergence of BRICS reflects an ongoing change in the International economic order. BRICS now account for very substantial part of global GDP, global manufactured value added and global manufactured exports. Despite being a powerful nation, the BRICS organization is facing many major challenges. The book examines composition and direction of India's International trade with BRICS countries and challenges face by them.

Geographical, economic and political changes have taken place in the world after globalization. The BRICS organization plays a key role in the global economy: specialization, division of labour, production of goods and services, efficiency of capital, export of capital, labor market, use of natural resources and technology. The BRICS community has the potential to create a market for goods and services. Also they have large geographies area, large population size, consumer market dominance, regional market dominance. China's manufacturing success has boosted urban and middle class groups. India, Russia and Brazil are relatively more domestic demand-driven economies. South Africa's rich endowment natural resources place. Also all the five members countries worst affected by the corona virus 2020 and Russia and Ukraine war 2022. In the future,

both issues will make a difference in the economic, political and social relation of the BRICS organization.

This book focuses on overview of BRICS, Rising of BRICS, Objective of BRICS, Summits of BRICS, New Development Bank of BRICS, India and Trade policies with BRICS, India's Role and Contribution to BRICS, Prospects and Challenges of BRICS and INDIA, Gross Domestic Product of BRICS countries, Balance of trade, Human Development Index of BRICS countries Composition and Direction of India's International Trade with other BRICS countries (2006 – 2022), Share of BRICS in Total Exports and Imports, Future Prospects of BRICS. This book provides deep insights into India's trade and economic relations with regional blocks/grouping.

■ **Dr. Rita Madanlal Shetiya, Pune**



Dr. Rita Madanlal Shetiya
(PhD , MA, MJ & DLL&LW)

ABOUT THE AUTHOR

- Dr. Rita is an accomplished Educator, Social Contributor and Author.
- Fourteen years is in academic field as an Assistant professor of Economics.
- She is a journalist.
- Published more than Ten Research papers.
- Received Best Research Paper award.
- Writing articles for Arthshashtra Gyanmandal of Maharashtra Rajya Marathi Vishkosh Nirmiti Mandal, Mumbai.
- Writing Editorial articles on various topics for daily Newspapers SAKAL, PRABHAT, MAHARASHTRA TIMES and MPC News etc.
- Regularly writes article on various topics for Global Writers Forum, GLGA, USA.

ABOUT THE BOOK

BRICS (Brazil, Russia, India, China and South Africa)

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| <ul style="list-style-type: none"> • Introduction of BRICS • Rising of BRICS • Objectives of BRICS • Summits of BRICS • New Development Bank of BRICS • India and Trade policies with BRICS • India's Role and Contribution to BRICS • Role of BRICS in world order | <ul style="list-style-type: none"> • Prospects and Major Challenges of BRICS and INDIA • Gross Domestic Product of BRICS countries • Balance of trade • Human Development Index of BRICS countries • Composition and Direction of India's International Trade with other BRICS countries (2006 – 2022) • Share of BRICS in Total Exports and Imports • Future Prospects of BRICS. |
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BRICS AND INDIA: PROSPECTS AND CHALLENGES

DR. RITA MADANLAL SHETIYA



BRICS AND INDIA

PROSPECTS AND CHALLENGES



DR. RITA MADANLAL SHETIYA

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All our dreams can come true, if we have the courage to pursue them.



Giving young girls an opportunity to achieve their dreams has always been one of LILA Poonawalla Foundation's goals. The young LILA Juniors, LILA Girls and LILA Fellows are empowered to pursue their dreams and to aim for the stars. They are brave, bold and powerful to take down any challenge that stands in their path.

One such member of the LPF Family is **Sonali Patwe, LILA Fellow 2009**, who has touched the skies both literally and figuratively. She shares about her invigorating experience of Skydiving.

"Fifteen years ago, I was fortunate enough to receive a scholarship from LILA Poonawalla Foundation, a support that played a pivotal role in shaping my future. Today, as I reflect on my journey, I want to share an exhilarating experience that embodies the spirit of dreaming big and achieving the impossible.

Recently, my husband and I celebrated our wedding anniversary with a skydiving adventure at Palm Jumeirah, Dubai. We chose the Palm Jumeirah due to its spectacular scenic views. The experience was nothing short of magical, reminding me that dreams, no matter how lofty, can indeed come true.

When I used to watch movies like *Zindagi Na Milegi Dobara*, I would dream about skydiving one day. But responsibilities, loans, studies, and professional goals always took priority. So, I kept on postponing my skydiving dream. I always wanted to do it with my own hard-earned money. So, this year, I decided to fulfil this dream. And what could be a better occasion than our wedding anniversary?

Initially, our fitness was checked, and we had to fill out some forms. Once we were cleared for the dive, we proceeded with our preparations, with a mixture of excitement and nervousness. Each skydiver was assigned a dedicated captain. A short training session was conducted with our respective captains to ensure we were comfortable and prepared for the dive.

As we rode the plane to an altitude of 13,000 feet, anticipation and enthusiasm filled the air. The moment we leaped from the plane, the rush of the first free fall was breathtaking. The world below transformed into a mesmerizing panorama. From that height, we could see the iconic Burj Khalifa standing tall, surrounded by the dazzling cityscape of Dubai. The view was a testament to human ambition and the wonders it can achieve.

The captains who accompanied us were exceptionally skilled, having trained in the Czech Republic. Their expertise was reassuring as they guided us through the dive and the landing. What made the experience even more thrilling was when they allowed us to take control for a while. Steering through the skies, turning left and right, I felt an inexpressible sense of freedom and empowerment. For those few moments, I felt like a bird, soaring high above the world.

This skydiving adventure was not just a thrilling activity; it was a powerful metaphor for life's journey. It reminded me of the importance of taking bold leaps, embracing the unknown, and trusting in one's abilities. Just as the scholarship from LILA Poonawalla Foundation enabled me to pursue my dreams a decade ago, this experience reinforced my belief that with determination and support, anything is possible.

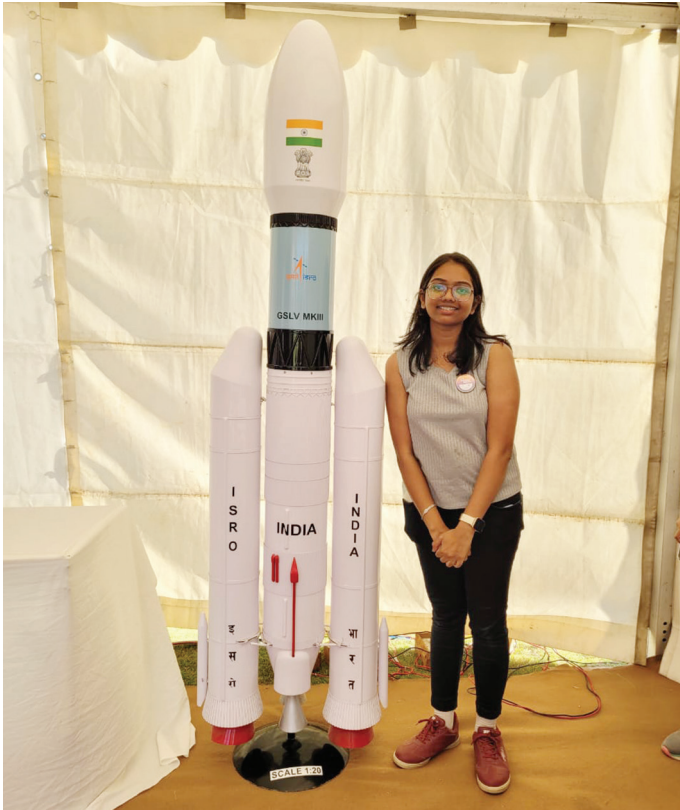
To all the young girls benefiting from this wonderful organization, I say: dream big, and don't be afraid to take risks. Your journey might take you to unimaginable heights, just as mine did. Embrace every opportunity and remember that the sky is not the limit—it's just the beginning.

Thank you, LILA Mom, Dad and LPF family, for being the wind beneath my wings. I hope my story inspires you to spread your wings and soar."

Adventures like these are a testament to how far our LPF family can reach. And this is just the beginning. We look forward to witnessing many more thrilling stories unfold as our LILA Poonawalla Scholars continue to inspire us with their courage, determination, and unwavering spirit.

■ **Compiled by Dr. Rita Shetiya**
LF 2000 and PA 2008

Rachna Chougule is a LILA Girl of the year 2020 who has recently achieved a very unique success which also led her to get featured in TIMES CITY newspaper. She recently participated in the CanSat India Competition organized by ISRO in Ahmedabad and received the Best Teamwork Award as a member of Team Vinidra from MKSSS's Cummins College of Engineering for Women, Pune. The competition, held between April 15th and 17th, 2024, brought together undergraduate teams from across India to design and launch CanSat satellites.



She has done a lot of hard work to achieve this and her persistence has bought her the success she deserves. Her team's journey in the competition was a testament to the power of teamwork and dedication. It is definitely a moment of pride to know that her team is comprised of all female members, who overcame numerous challenges and excelled in each phase of the competition, from the Preliminary Design Review to the Mission Readiness Review. Their success indeed serves as an inspiration for aspiring young women in the field, demonstrating their potential to excel in Science, technology, engineering, and mathematics (STEM) disciplines. The competition not only tested their technical skills but also fostered collaboration and innovation. From designing satellite containers to programming sensors and conducting drop tests, we tackled each task with enthusiasm and resilience. Their experience at the competition

underscored the importance of diversity and inclusion in driving progress and innovation.

Looking ahead, her team is eager to continue pursuing excellence in engineering projects and contributing to



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the nation's development. Many of us aspire to work with ISRO and serve our country through our technical expertise, a dream she proudly share.

In this entire journey of struggles and success, Rachna could not thank enough to LPF. She extends her heartfelt gratitude for unwavering support from LILA mom and DAD, which has played a pivotal role in shaping her academic and professional journey. In her words- LPF's investment in her education has not only empowered her but also enabled her to make meaningful contributions to society. Kudos to you Rachna!!! All the best for all your future endeavours!

■ **Compiled by Vaishnavi Nimbalkar- Phadtare**
LG 2012 and LF 2015

A proud **LILA Fellow of 1997, Hamsa Chandrakumar** has a new milestone as her AI based company was featured on WiselyWise Featured on ASEAN Generative AI Startup Market Map. She has always felt a strong connection to the LILA community, blessed by the guidance and love of LILA Mom and Dad. Her journey has been intertwined with the values and lessons learned from the LILA Fellowship, which have inspired her work and fueled her passion for education.



WiselyWise, an Artificial Intelligence EdTech company headquartered in Singapore, has recently been honored by being featured on the ASEAN Generative AI Startup Market Map. This prestigious recognition by the GenAI Fund spotlights the leading AI-driven startups in the region, and it underscores the significant impact WiselyWise has made in the realm of AI education.

Co-founded by Hamsa Chandrakumar, who serves as the COO, and her husband, Chandra Kumar, the Founder and CEO, WiselyWise has been dedicated to revolutionizing education through artificial intelligence for the past seven years. Together, they have built a company that empowers learners and educators alike with cutting-edge AI tools and programs.

One of their impactful innovations is Maya AI CoPilot for Education, a generative AI tool designed to support educators by automating routine tasks such as lesson planning, MCQ generation, and more. Maya has already been embraced by thousands of learners and hundreds of educators, earning widespread acclaim for its ability to enhance the teaching experience and reduce the stress associated with daily educational tasks. This tool is a shining example of WiselyWise's commitment to making a meaningful difference in the lives of teachers and students.

For Hamsa, this achievement is deeply personal. Over the years, Hamsa has had the wonderful opportunity to bring Artificial Intelligence programs to the LILA Girls, enriching their learning experiences and helping them navigate the ever-evolving digital landscape.

The recognition on the Generative AI Startup Market Map is a testament to the impact that WiselyWise has made in the AI education landscape. It marks a proud moment for both Chandra and Hamsa as they continue to blend their passion for education with their deep ties to the LILA Poonawalla Foundation. This achievement is not just a milestone for WiselyWise, but a celebration of the values and community that have shaped its journey.

■ **Compiled by Pranali Tirkhunde**
LG 2013



“When you do 'it' right, **Social Work** is a feeling that is larger than your own life.” — Ogden W. Rogers.

Everyone here in this world can be a giver; you just need a will to do it. Everyone can always help others with what they have and others don't. This quote perfectly suit on our LG Nikita Chodhari (2017)

Coming from a middle class family Nikita always have a question, in future will complete higher education or not. But she got answer from LPF. She received LPF fellowship in year 2017, for completing her diploma of engineering. This fellowship is a turning point of her life. Today she is working at TCS as a system developer.

Nikita started to help visually impaired students during her college time. She is inspired by our beloved mom-dad and her parents and always wishes that she could do something for our society. In 2018, When she was in college, she saw an Instagram story stating that they needed 4 5 scribes for visually impaired students for their online examination. She went there as a scribe for the first time. She saw those students and their struggles, got inspired by them, and started seeing life from a different perspective. She shared her contact details with the student and asked him to contact her directly if he or his friends needed any help. While helping these students she realized, if "I don't know what would have happened to me if I hadn't been able to hear." "Just because a man lacks the use of his eyes doesn't mean he lacks vision." "There is no better way to thank God for your sight than by giving a helping hand to someone in the dark." "Alone we can do so little, together we can do so much."

After that, she started receiving calls for examination from their friend circle. Other scribes charge students for helping with exams. But she started working as a scribe without any charges. Till 2021, she worked only as a scribe for those students but later she started helping those students with their joining process as well. Those students need a helper for their documentation process for arranging documents, filling offline forms, writing any application, etc. Till today she worked for only a small group of students. But she has a vision to work for more students and also she wants to expand her area of work. While working as a scribe, she got a chance to know more about the lives of those students. As there are

very few schools for visually impaired students, most of them stay away from home since childhood to get an education. She also observed one thing they have more difficulties in their lives, but still they have more willpower and more positivity inside them. They never give up easily on any problem.

Even though they are not able to see they are up to date with the latest technologies. They can use mobile, computers as flexibly as all others can do. They are doing all their daily work on their own. Most female students cook for themselves. From the beginning, they stay away from the house, hence they live life independently. By seeing all these things, she got inspired by them. They are fighting their own battle very bravely; she just wants to make things easier for them. She wants to work on banking exam pattern change for these students, as



these students have studied a different syllabus than normal students, and still, have to solve questions like normal students which is quite difficult for them.

These students have special talents like doing calculations quickly without the help of a calculator, having a sharp memory, etc. She met one student who could do coding. They can travel on their own. They are independent people, but unchanged things like exam patterns for bank exams and many other such things should change for them, but still not changed yet making them dependent on others. She thinks that if we change required things according to their academics or their convenience, then they don't need to depend on anyone for these things and can become truly independent.

She appeals to everyone to come forward to help such students.

■ Compiled by Dr. Rita Shetiya
LF - 2005 , PA - 2011



Amruta Bahulekar is a LILA Fellow from 2005. She was awarded a scholarship of Rs. 30,000 for pursuing the Masters degree in Social Work from Tata Institute of Social Sciences from Mumbai. In 2007 September, Amruta was detected with the Ovarian cancer and the LILA Poonawalla Foundation family stood by her. She was provided the financial and the emotional support. Amruta was part of the Peace Ambassador program in 2009 and continued her commitment for the benefit of the society.



Currently Amruta is a National program head at Lighthouse Communities Foundation (LCF) (Earlier known as Pune City Connect) The lighthouse is a collaborative initiative of the LCF and the government partners. (The municipal corporations in Pune and Pimpri Chinchwad, Kalyan & Dombiwali) Amruta has been working with the Lighthouse program for the period of 6 years. The vocational skills training, employment, entrepreneurship development program is being run at scale. Amruta is committed to work at scale without compromising the depth and the youth-voice.

■ **Amruta Subhash Bahulekar**
LF 2005

Rajashree Ramchandra Pawale LG 2013 is working in FIS Solutions Pvt Ltd Aundh as Senior Service delivery analyst.



She recently got a rotary club reward. She is doing Social work with Nyaas Foundation, Karvenagar, Pune. She is working there as an Education guide and also helps 2 students with their educational fees.

■ **Rajashree Pawale**
LG 2013

LPF's another daughter Ms. Radhika Gholap is working at KPIT as a Technical Leader. She is won "Gram-panchayat Panchvarshik" election January 2021 and works as a Gram Panchayat Sadasya. Being stuck with the roots of society, the villages are made strong. Radhika is always keen to observe new governmental policies and implements them for all. She feels that, if we want to build a strong nation, we should make our roots our villages strong and so she thinks globally but acts locally!



■ **Radhika Gholap**
LF 2018

LPF feels proud to share another Helping Hand of the daughter Tejaswee Rajkishor Sharma working in Tata consultancy services (TCS) as an System Engineer. She is personally working with Idhant Non profit Org and Robinhood Army for study and food related issues of the children of construction workers in Vimannagar. She volunteers on Saturdays and conducts study activities for better understanding of basic knowledge of the children of different age groups.



■ **Tejaswee Sharma**
LG 2017

All of these Helping Hands and many more unsaid and unlisted daughters of LILA family are grateful to LILA mom and Dad for all the interactions, love and guidance that inspired them to work towards the collective well-being for all.

Placement Data Joining Date 16.12.2023 to 15.7.2024 (Pune)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Mrunmayee Mahesh Bangar	2019	E (Science)	Spring CT	Software Development Intern
2	Pooja Santosh Meher	2019	B (PG)	Evalueserve	Senior Analyst
3	Kiran Kashinath Sagare	2019	K (2nd Year Engineering)	NOW Realty	Estimation Engineer
4	Arti Vaijinath Ghongade	2019	K (2nd Year Engineering)	PWD Department	Junior Engineer Manager
5	Gayatri Rajesaheb Panchal	2019	K (2nd Year Engineering)	Smile Automation	Executive Software Developer
6	Nikita Vijay Chaskar	2019	K (2nd Year Engineering)	Vervotech	Content Research Specialist
7	Dhanashree Dhondiram Daphale	2019	K (2nd Year Engineering)	Wipro	Project Engineer
8	Bhagyashree Anil Patil	2019	D (Engineering)	Amdocs	Functional Test Engineer
9	Sayali Sanjay Shelke	2019	D (Engineering)	Birdvision Consulting	Business Analyst
10	Alisha Chittaranjan Pawar	2019	D (Engineering)	National Stock Exchange	System Analyst
11	Unnati Rajshekhar Deshmukh	2019	D (Engineering)	Qualys	Product Engineer
12	Dnyaneshwari Balasaheb Rakshe	2019	D (Engineering)	Sapience Analytics	Software Engineer
13	Pooja Sanjay Kadam	2019	L (Pharmacy)	Suraj Medical	Executive
14	Sakshi Kisan Wagh	2019	L (Pharmacy)	Tata Consultancy Services	Process Associate
15	Priya Balasaheb Dhokare	2019	L (Pharmacy)	Techcare Medical Services	Jr. Clinical Record Executive
16	Vasudha Rajendra Bhilare	2019	H (Nursing)	Lilavati Hospital And Research Centre	Staff Nurse
17	Aleena Tresa Thomas	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
18	Alphy Susamma Roy	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
19	Anjali Rameshwar Korekar	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
20	Ankita Arjun Biramane	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
21	Ankita Vilas Patil	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
22	Snehal Suresh Bamhane	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
23	Atlin Mariya Bijoy	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
24	Beiamol Clinis Abraham	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
25	Bhavana Subhash Mali	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
26	Snehal Sanjay Bhatmare	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
27	Pallavi Vikram Gurnule	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
28	Jyothis Mariya Johny	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
29	Kajal Satyawar Mohite	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse

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Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
30	Trupti Sanjay Pawar	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
31	Neethu Shaji Varghese	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
32	Aleena Susan Aji	2019	H (Nursing)	Breach Candy Hospital Trust	Staff Nurse
33	Nikita Nitin Shrisundar	2019	H (Nursing)	Kalawati Hospital	Staff Nurse
34	Rupali Laxmikant Uddesh	2019	H (Nursing)	Ruby Hall Clinic	Staff Nurse
35	Tanzila Anwar Momin	2020	E (Science)	Amazon	SPS Associate
36	Priyanka Prasad Lohokare	2020	B (PG)	AeroTech IT Solutions	Associate Technology
37	Trupti Ramdas Mane	2020	B (PG)	Sancheti Healthcare Institute	Clinical Instructor
38	Mohini Ashok Bhokare	2020	K (2nd Year Engineering)	Amdocs	Software Test Engineer
39	Gauri Bhausaheb Gavhane	2020	K (2nd Year Engineering)	Aviotron Aerospace	Steam Trainer
40	Vaishnavi Vijay Chaudhari	2020	K (2nd Year Engineering)	Birlasoft	Apprenticeship
41	Supriya Sudhakar Sutar	2020	K (2nd Year Engineering)	C-DAC Innovation Park	Project Engineer
42	Madhuri Sunil Kandhare	2020	K (2nd Year Engineering)	Callout Global Overseas	Business Development Specialist Lead Generation
43	Pallavi Balkrushna Dandge	2020	K (2nd Year Engineering)	Coditute	Full Stack Developer
44	Meghana Dilip Bharambe	2020	K (2nd Year Engineering)	Gilbarco Veeder Root	GGLP Software
45	Shweta Shivanand Patil	2020	K (2nd Year Engineering)	Knest Manufacturers Head Office	Design Engineer
46	Pratiksha Goraksh Kurkute	2020	K (2nd Year Engineering)	MG Motors	Body shop Engineer
47	Neha Bhaskar Wankhade	2020	K (2nd Year Engineering)	Misumi India	Sales Coordinator
48	Siddhi Nitin Kadam	2020	K (2nd Year Engineering)	PWD Department	Civil Engineer Assistant
49	Vaishnavi Rajiv Yenjane	2020	K (2nd Year Engineering)	PWD Department	Civil Engineer Assistant
50	Mayuri Pundalik Mali	2020	K (2nd Year Engineering)	RBM Software	Junior Software Engineer
51	Komal Devidas Chavan	2020	K (2nd Year Engineering)	Speed Engineering Solutions	Sr. Project Engineer
52	Dipali Satish Bande	2020	K (2nd Year Engineering)	Time Iconic (Magazine)	Business Development Manager
53	Payal Rajesh Kadadhekar	2020	K (2nd Year Engineering)	Trinamix Inc.	System Engineer
54	Arati Pandharinath Lokhande	2020	K (2nd Year Engineering)	Yohesa Marketing Solutions	Team Leader
55	Gayatri Ramrao Kadam	2020	K (2nd Year Engineering)	Schneider Electric	Design Engineer
56	Iqra Mushtaque Khan	2020	D (Engineering)	Barclays	Software Developer

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Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
57	Nikita Hemant Bankar	2020	D (Engineering)	Amdocs	Software Test Engineer
58	Divya Shailendra Bhujbal	2020	D (Engineering)	o9 Solutions	Associate Application Engineer
59	Sanjana Vekateshwarrao Haridas	2020	D (Engineering)	Siemens Software	Software Developer
60	Gayatri Shirish Hampe	2020	D (Engineering)	Thinkbridge Software	Apprentice Software Engineer
61	Alefiya Mustafa Dawasaz	2020	D (Engineering)	Visa Inc Technology Center	Software Developer
62	Pritee Balasaheb Ghumare	2020	D (Engineering)	Western Union	Software Developer
63	Dnyaneshwari Vikas Navale	2020	D (Engineering)	EPAM	Junior Software Test Automation Engineer
64	Shifa Zakir Khan	2020	D (Engineering)	Telstra	Software Associate
65	Arya Rajan Meenakal	2021	E (Science)	Amazon	Virtual Customer Service
66	Mansi Raju Dhamale	2021	E (Science)	Amdocs	Associate Technical & Business Operations Agent
67	Pratiksha Prabhakar Wabale	2021	B (PG)	CREAT - UNO MINDA Enterprise	IPR officer
68	Komal Bhagwan Bhoite	2021	B (PG)	Grant Medical College and Sir JJ Group of Hospital	Staff Nurse
69	Nalini Sampat Mule	2021	B (PG)	Infosys	System Associate
70	Praneeta Pradeep Takale	2021	B (PG)	Narayana e-Techno School	Math's Teacher
71	Shamita Mahesh Korde	2021	B (PG)	T-Systems ICT India	IT Consultant
72	Aishwarya Amar Patankar	2021	K (2nd year Engineering)	Citi Bank	Developer
73	Tejaswi Madhukar Yadav	2021	K (2nd year Engineering)	Mahindra	Executive
74	Sakshi Balnath Bankar	2021	K (2nd year Engineering)	MasterCard	Business Analyst
75	Rutuja Sureshrao Bhoir	2021	K (2nd year Engineering)	Oracle	Member Technical Staff I
76	Diksha Dilip Konale	2021	K (2nd year Engineering)	Persistent Systems	Software Engineer
77	Khushi Manoj Agrawal	2021	K (2nd year Engineering)	Providence India	Software Developer
78	Prerana Prashant Bhosale	2021	K (2nd year Engineering)	PTC	Associate Software Analyst
79	Pratiksha Balu Bhapkar	2021	K (2nd year Engineering)	Shaligram InfoTech	Full Stack Developer
80	Aparna Rajendra More	2021	K (2nd year Engineering)	Worley India	Graduate Civil Engineer
81	Akanksha Namadev Gawade	2021	K (2nd year Engineering)	Western Union	Trainee Associate Solution Engineer
82	Snehal Nandkumar Ghumare	2021	K (2nd year Engineering)	Ever Electronics	ICT Operator
83	Utkarsha Vasantrao Kakade	2021	K (2nd year Engineering)	Walmart Global Tech	Software Developer II
84	Sakshi Pramod Kadlag	2022	B (PG)	Kaldin Solutions	Trainee Software Developer
85	Gousiya Alim Shaikh	2022	B (PG)	Abeda Inamdar College	Assistant Professor

Placement Data Joining Date 16.12.2023 to 15.7.2024 (Amravati)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Krutika Kishor Deshmukh	2014	K(Engineering After Diploma)	Xcaliber Infotech	Quality Analyst
2	Krutika Prabhakar Ghyare	2014	D (Engineering)	InfoVision	Technical Specialist
3	Radhika Rajendra Tayade	2014	H(Nursing)	Government Medical College & Hospital, Akola	Staff Nurse
4	Samanta Dinesh Janbandhu	2015	H(Nursing)	Government Medical College & Hospital, Nagpur	Staff Nurse
5	Kajal Sharad Badukale	2016	D (Engineering)	Revenue Department	Talathi
6	Saloni Nandkishor Khandelwal	2016	D (Engineering)	Accenture	Packaged App Development Analyst
7	Aarti Rajesh Kadu	2016	E (Agriculture)	Nawale Aqua & Beverages	Quality Control Executive
8	Revati Narendrapant Tatte	2017	H(Nursing)	Indira Gandhi Medical College and Hospital	Staff Nurse
9	Shivani Bapurao Saywan	2017	H(Nursing)	Dafrin Hospital	Staff Nurse
10	Rupali Kashinath Shete	2017	K(Engineering After Diploma)	PWD Office	Civil Engineer Assistant
11	Bhaggyashri Shrikant Pawade	2018	K(Engineering After Diploma)	i-exceed Technology Solutions	Software Developer
12	Shivani Ganesh Gawande	2019	K(Engineering After Diploma)	Ecozen Solutions	Data Entry Executive
13	Janhavi Padamakar Sagane	2019	D (Engineering)	Capgemini	Data Analyst
14	Nancy Santosh Raja	2019	D (Engineering)	Capgemini	Software Developer
15	Rutuja Pradip Fasate	2019	D (Engineering)	Capgemini	Software Engineer
16	Samruddhi Sanjay Deshmukh	2019	H(Nursing)	Chintamani Hospital	Staff Nurse
17	Aishwarya Suresh Solunke	2020	K (Engineering After Diploma)	PWD Office	Civil Engineer Assistant
18	Anuja Ramaji Wanare	2020	K (Engineering After Diploma)	Tech Mahindra	Associate software Engineer
19	Mrunmayee Bhimrao Pusadkar	2020	K (Engineering After Diploma)	Tech Mahindra	Assistant Software Engineer
20	Shrushti Arun Lakade	2020	K (Engineering After Diploma)	HSM EDIFICE Construction Services	Estimator
21	Snehal Vinod Wandale	2020	K (Engineering After Diploma)	Tata Consultancy Services	Associate System Engineer
22	Vaishnavi Suresh Damdhar	2020	K (Engineering After Diploma)	Birlasoft	JDE Developer
23	Vaishnavi Suresh Telkar	2020	K (Engineering After Diploma)	Mumbai Metro	Electrical Supervisor
24	Gauri Pradiprao Gawande	2020	D (Engineering)	iASYS Technology Solutions	Full stack developer
25	Saksi Vinod Dighade	2020	D (Engineering)	IDFC First bank	Sales Force Engineer
26	Tanvi Pravin Dhote	2020	D (Engineering)	Evura Inc	AI Tool Expert

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Placement Data Joining Date 16.12.2023 to 15.7.2024 (Hyderabad)

Sr. No.	Full Name	Scholarship Year	Course	Company name	Designation
1	Mohini Potala	2020	D (Engineering)	Bank of America	Software Engineer
2	Sindhuja Sonti	2020	D (Engineering)	Bank of America	Assistant
3	Deepika Kurry	2020	D (Engineering)	Visa Inc	Software Engineer
4	Sahasvi Kaparathi	2020	D (Engineering)	KodNest - Code, Transform and Succeed	Software Engineer
5	Laxmi priya Venkata Vedula	2020	D (Engineering)	Deloitte	Consultant
6	Nandini Goud Palakuri	2020	D (Engineering)	Aeries Technologies	Trainee-Quotation Specialist
7	Sravani Gundepalli	2020	D (Engineering)	IBM	Software Developer
8	Naga Sravika Puram	2020	D (Engineering)	Micron Technology	Associate Software Engineer (QA)
9	Shivani Alane	2020	D (Engineering)	Genpact	Associate
10	Harsha Sri Pachipala	2020	D (Engineering)	Accenture	App Development Associate
11	Harika Jakkanagari	2020	D (Engineering)	Persistent Systems	Software Engineer
12	Sai Pravallika Gundapaneni	2020	D (Engineering)	Capgemini	Analyst
13	Swathi Pothineni	2020	D (Engineering)	Caribou	Associate Engineer
14	Harika Ankam	2020	D (Engineering)	Genpact	Process Associate and Content Moderation
15	Pragna Sai Donga	2020	D (Engineering)	Accenture	Packaged App Development Associate
16	Mounika Chinthigari	2020	D (Engineering)	TCS	Associate Software Engineer
17	Akhila Yuktha Bajoju	2020	D (Engineering)	Capgemini	Analyst
18	Pravalika Siddam	2020	D (Engineering)	Accenture	Mobile Application Developer
19	Sindhu Varala	2020	D (Engineering)	CtrlS Datacenters	Associate Engineer
20	Aruna Palthyavath	2020	D (Engineering)	TCS	System Engineer
21	Mounika Gogi	2020	D (Engineering)	Sutherland	Associate
22	Tejaswi Dhanampally	2020	D (Engineering)	HCL Tech	Service desk Engineer
23	Thanmai Kondru	2020	D (Engineering)	IBM	Associate System Engineer
24	Vineesha Madasu	2020	D (Engineering)	Adani Group Enterprises	Graduate Engineer Trainee
25	Sahithi Boge	2020	D (Engineering)	Accenture	Packaged App Development Associate
26	Blessy Boorla	2020	D (Engineering)	Capgemini	Data Analyst
27	Divya Chakali	2020	D (Engineering)	Tescom	CAT Developer
28	Greeshmitha Ganapaati	2020	D (Engineering)	Edge 2 System	Jr.Engineer
29	Laxmi Prasanna Dhuruji	2020	D (Engineering)	Accenture	App Developer
30	Varshini Chitturi	2020	D (Engineering)	Accenture	Associate Software Engineer
31	Varshika Sai Tharigopula	2020	D (Engineering)	Sutherland	Associate
32	Indu Pagadala	2020	D (Engineering)	Mivada Technologies	Software Engineerer
33	Mounika Kandi	2020	K (2nd year Engineering)	Ashok Leyland	Engineer
34	Pavani Ponugoti	2020	K (2nd year Engineering)	Kyndryl Solutions	Associate Technical Engineer
35	Arunjyothi Uyyala	2020	K (2nd year Engineering)	Kyndryl Solutions	Distributed incidents (CC)

Sr. No.	Full Name	Scholarship Year	Course	Company name	Designation
36	Divya Malkajgiri	2020	K (2nd year Engineering)	Technip FMC	Associate Engineer (GET)
37	Domala Divya	2020	K (2nd year Engineering)	Optum	Full Stack developer
38	Harika Bura	2020	K (2nd year Engineering)	ADP	Software Engineer - 1
39	Tejaswi Mukka	2020	K (2nd year Engineering)	HCL Tech	Graduate Engineer
40	Neelam Divya Sri	2020	K (2nd year Engineering)	Fanatics	Software Engineer Trainee
41	Sai Nishitha Dasari	2020	K (2nd year Engineering)	Barclays (FTE)	Deveolper
42	Shirisha Regonda	2020	K (2nd year Engineering)	Switchgear & Structural Pvt Ltd	Auto cadd Designer
43	Likhitha Banka	2020	K (2nd year Engineering)	Worley India	Engineer
44	Poojitha Miryala	2020	K (2nd year Engineering)	Worley India	Engineer
45	Pavithra Rapani	2020	K (2nd year Engineering)	Sutherland	Associate
46	Aashritha Sandhya Rani Ganji	2021	K (2nd year Engineering)	Accenture	Associate software Engineer
47	Bhavana Vittal Sherla	2021	K (2nd year Engineering)	Accenture	Associate software Engineer
48	Ruchitha Lingareddy Gaddam	2021	K (2nd year Engineering)	TCE	Graduate Engineer Trainee
49	Tejaswi Srishailam Enikepally	2021	K (2nd year Engineering)	Accenture	Associate Software Engineer
50	Pranavi Sirikonda	2021	K (2nd year Engineering)	Accenture	App development Associate

Placement Data Joining Date 16.12.2023 to 15.7.2024 (Wardha/Nagpur)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Shubhangi Sharad Bhalkar	2017	Nursing	National Cancer Institute	Staff Nurse
2	Sanhita Sujosh Hazra	2017	Engineering	Infosys	Sr. System Engineer
3	Ruchita Gajanan Gohane	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
4	Vaishnavi Gajanan Nimbhorkar	2019	Nursing	Government Hospital Arvi, Wardha	Staff Nurse
5	Ashna Nayyum Pathan	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
6	Achal Arun Bondade	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
7	Divyani Sunil Mule	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
8	Gayatri Anant Jiwtode	2019	Nursing	Deenanath Mangeshkar Hospital and Research Center	Staff Nurse
9	Nandini Shankar Durve	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse

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Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
10	Pallavi Manik Moon	2019	Nursing	Deenanath Mangeshkar Hospital and Research Center	Staff Nurse
11	Punam Purushottam Patil	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
12	Punam Shyam Waghmare	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
13	Samiksha Shrawanji Chafle	2019	Nursing	Alexis Hospital	Staff Nurse
14	Yashashri Raju Thakre	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
15	Namrata Gajanan Suradkar	2019	Nursing	Government Hospital, Buldhana	Staff Nurse
16	Niharika Surendra Kanojiya	2019	Nursing	Suretech Hospital	Staff Nurse
17	Yachika Sandesh Bonde	2019	Nursing	Deenanath Mangeshkar Hospital and Research Center	Staff Nurse
18	Riya Raju Kawale	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
19	Aishwarya Govardhan Vaidya	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
20	Pranali Ashok Kamble	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
21	Vaishnavi Gajanan Surkar	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
22	Chandani Mohan Bawane	2019	Nursing	Shalini Tai Meghe Superspeciality Centre	Staff Nurse
23	Shruti Rajesh Kakhe	2019	Engineering	Hotel K	Implementation Specialist
24	Kriti Prem Joshi	2019	Engineering	Hotel K	Implementation Specialist
25	Purvaja Shridhar Kumbhalkar	2019	Engineering	Accenture	Development Associate
26	Samiksha Harishchandra Tapase	2019	Engineering	Legel Force (RAPC)	Patent Engineer
27	Revati Dnyaneshwar Channe	2020	Engineering After Diploma	Harshal Bilcom Construction Site	Civil Engineer
28	Sanskriti Ajay Jawanjal	2020	Engineering	Capgemini	Data Analyst
29	Rabia Rainul Biswas	2021	Engineering After Diploma	Siemens Energy	Graduate Engineer
30	Vaishnavi Murali Gujjalwar	2021	Engineering	Atlas Copco	Graduate Engineer as Data Analyst

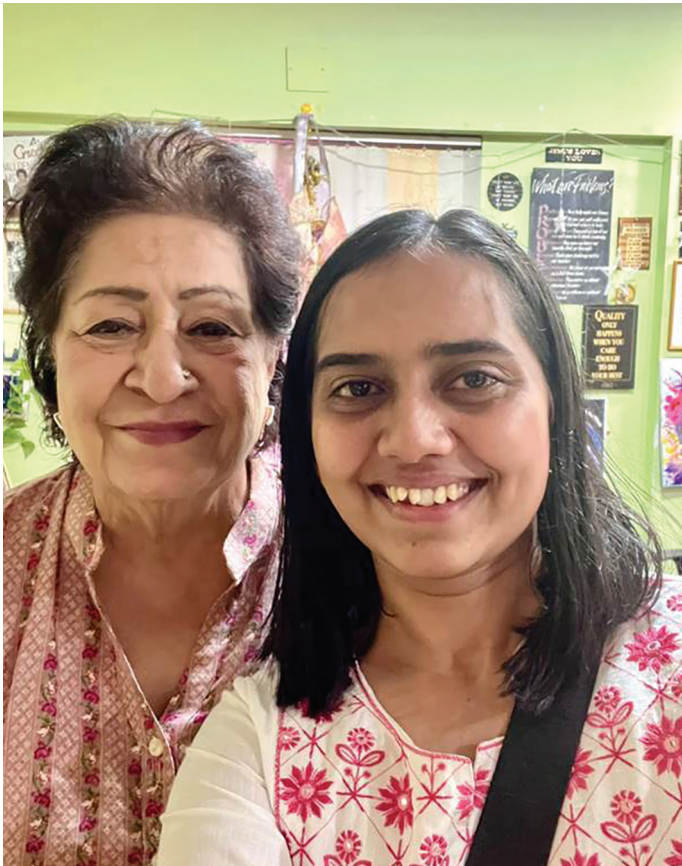
Placement Data Joining Date 16.12.2023 to 15.7.2024 (Bangalore)

Sr. No.	Name	Scholarship Year	Course	Company Name	Designation
1	Indu Pullappagari	2021	K (2nd Year Engineering)	Herman Miller Furniture	Software Engineer (Website)

Your journey may start from humble beginnings, but with perseverance and the right mindset, you can carve a path to success that transcends all limitations. These words by our beloved daughter Devashri Umale makes her stand out from others and has made her achieve success in corporate field.



Devashri likes to begin as, "The profundity of our recent encounter resonates deeply within me, suffused with a profound sense of gratitude that moved me to tears. Being in the presence of my cherished mentors, LILA Mom and Firoz Dad, is nothing short of a divine blessing. During our discourse, I unveiled the intricate tapestry of my professional odyssey, and your encouragement impelled me to pen this missive, aspiring to ignite a flame of inspiration among other young women. I hope this email finds you well and filled with inspiration. My name is Devshri, and I hail from the quaint town of Jamod, a place not even prominent enough to be considered a taluka. Growing up, my father toiled as a farmer while my mother dedicated herself to homemaking. Education, especially in English medium schools, was a luxury we couldn't afford, but it didn't deter my aspirations.



I embarked on my academic journey in a Marathi medium school, navigating through the challenges of limited resources. Despite the odds, fueled by a determination to achieve financial independence, I pursued science and completed my 12th grade. However, like many at that crossroads, I found myself lost without proper career guidance. At that time Bsc Horticulture was one of the good options for a scholar student so I opted for it. "

She further adds, "The turning point in my life came with the grace of a divine couple and the support of the LILA Poonawalla Foundation. Their scholarship opened doors I never thought possible. Through rigorous training programs, I gained not just confidence but also found inspiration in the remarkable journey of LILA Mom herself during my under-Graduation.

Armed with a degree in BSc Horticulture, I soon realized the harsh reality of limited opportunities in the private sector and fierce competition in government exams. Despite clearing preliminary and mains exams, the final hurdle seemed insurmountable as seats dwindled with each passing day. In the depths of uncertainty, I remembered LILA Mom's words, her discernment of a spark within me. I embarked on a relentless pursuit of opportunities, and it led me to the realization that an MBA could be my gateway to success. With sheer determination, I prepared for the Maharashtra Gov CET, achieving a commendable 98 percentile and securing a coveted spot at COEP Pune.

Completing my MBA marked a milestone, but it was only the beginning. Joining TetraPak, I ventured into the corporate world, armed not just with academic credentials but also with invaluable life lessons. Throughout my journey, I realized the importance of two things: proficiency in English and unwavering confidence, coupled with an indomitable spirit of resilience.

To my fellow agriculture graduate girls, I say this: opportunities are abundant for those who are willing to acquire the necessary skills demanded by the market. Higher education, specialized courses, and a steadfast refusal to succumb to defeatism are your tickets to a fulfilling career."

We at LPF wish Devshri Umale a very grand and many more success in the following years!

■ **Compiled by Sonal Walunj**
LF 2012

Rising Above: My Story from Rural Roots to Tech Triumph

"Dreams do not become reality through magic; it takes sweat, determination, and hard work." This quote resonates a journey of Utkarsha Kakade, LG 2021 where every step was a blend of effort and persistence.

Coming from a middle-class family, where her father is a dedicated farmer and mother works as a private school teacher, the path to success was far from easy. Financial constraints were a significant hurdle, but she was determined to pursue her dreams.

Utkarsha says, "My passion for technology and relentless pursuit of education kept me going. I have done my diploma after 10th Std in Computer Engineering from Government Polytechnic Pune and completed Bachelors of Engineering in Information Technology from Bharati Vidyapeeth's College of Engineering for Women Pune. The turning point in my journey was receiving a scholarship from the LPF (LILA Poonawalla Foundation). This generous support for three years of my engineering studies lifted a considerable financial burden off my shoulders. It not only provided me with the means to focus on my studies but also instilled in me a sense of responsibility to excel and make the most of this opportunity.

In the final year of my engineering, I participated in CodeHers, a pan-India diversity hiring program



by Walmart Global Tech. Competing with over 1 lakh talented girls from across the country, the journey was both challenging and exhilarating. Each stage of the selection process tested my knowledge, skills, and resilience. After numerous rounds of assessments and interviews, I was ecstatic to be selected for a position at Walmart Global Tech as Software Developer Role. This achievement is a testament to my hard work, perseverance, and the unwavering support from my family and LPF.

In the journey I've embarked upon, the words of Winston S. Churchill resonate deeply. Success, though often celebrated, is not the ultimate destination, nor is failure a permanent roadblock. Instead, it's the courage to persevere through both triumphs and setbacks that defines the essence of our journey. Coming from a tier 3 college, doubts often crept in, and challenges seemed

insurmountable. But with each setback, I found the resilience to push forward, knowing that failure is not the end but merely a part of the journey. Receiving offers from Accenture and Capgemini was certainly validating, but it was the courage to pursue what felt like the right fit for my aspirations that led me to Walmart Global Tech."

LPF wishes you many more success in the years ahead too!

■ **Compiled by Sonal Bhagat**
LG 2014 PA 2017

Introduction

First menstruation popularly known as menarche, that ends with menopause and during the reproductive age of women many changes occur that may affect her life physiological and psychological as well. Common menstrual disorders are PCOD, PMS, Menopause. Let's discuss in brief.



PCOD

Polycystic ovary syndrome is a type in which woman's are out of balance. It can cause problems with your periods



Menopause symptoms

You may be transitioning into menopause if you begin experiencing some or all of the following symptoms:



Hot flashes (vasomotor symptoms).



Night sweats and/or cold flashes.



Difficulty sleeping (insomnia).



Emotional changes (irritability, mood swings or mild depression).



Vaginal dryness that causes discomfort during sex.



Urinary urgency.

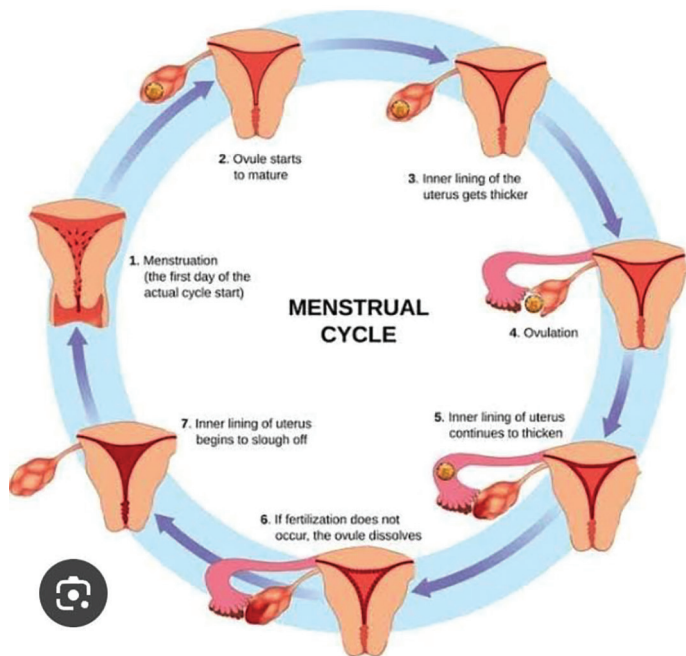


Worsening of premenstrual syndrome (PMS).



Irregular periods or periods that are heavier or lighter than usual.

and make it difficult to get pregnant. PCOS also may cause unwanted changes in the way you look. If it isn't treated, over time it can lead to serious health problems, such as diabetes and heart disease. Most women with PCOD grow many small cysts on their ovaries. That is



why it is called polycystic ovary syndrome. The Cysts are not harmful but lead to hormone imbalances.

Early diagnosis and treatment can help control the symptoms and prevent long-term problems. Hormones are chemical messengers that trigger many different processes, including growth and energy production. Often, the job of one hormone is to signal the release of another hormone.

For The ovary doesn't make all the hormones it needs for any of the eggs to fully mature. They may start to grow and accumulate fluid. Instead some may remain as a cysts.

The sex hormones get out of balance.

Since no egg matures or is released ovulation does not occur and the hormone progesterone is not made. Without progesterone woman's menstrual cycle is irregular or absent. Normally, the ovaries make a tiny amount of male sex hormones (androgens). In PCOS, they start making slightly more androgens. This may cause you to stop ovulating, get acne, extra facial hair and body hair.

For example: The body may have a problem using insulin, called insulin resistance. When the body doesn't use insulin well, blood sugar levels go up. Over time, this increases your chance of getting diabetes.

The cause of PCOD is not fully understood, but genetics may be a factor. PCOD seems to run in families, So your chance of having it is higher if other women in your family or have irregular periods or diabetes.

Symptoms are mild initially, following symptoms are most common.

- Thinning hair on the scalp and back.
- Extra hair on the face and body.
- Often women get thicker and darker facial hair
- Weight gain and trouble losing weight
- Acne
- Patches of thickened and dark brown or black skin on neck, arms, breasts and thighs
- Male pattern baldness High cholesterol
- Blood pressure
- Infertility or inability to get pregnant
- Irregular bleeding

Dietary and life style modification tips

- Regular exercise - moderate activity, walking
- Healthy foods and weight control are the key treatments for PCOS.
- What to avoid - Dairy, gluten, bread, soya products.
- What to eat - Low glycemic food, pear, banana, grapes, green leafy vegetable, fatty fish, lean meats, healthy fats.
- Treatment can reduce unpleasant depression
- Diabetes medication
- Quit smoking and drinking.

Pre menstrual syndrome

Usually refers to physical and mental symptoms that occur in a one or two weeks before a woman period

Symptoms often vary between women and resolve around the start of bleeding.

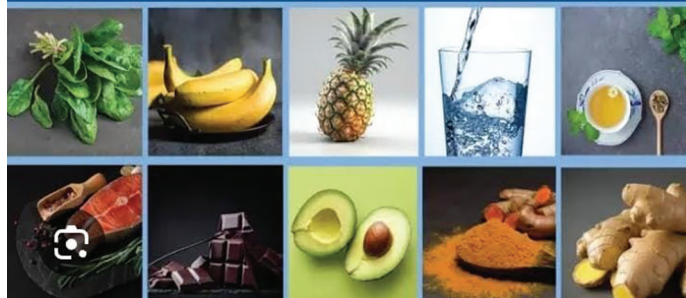
Common symptoms:

- Acne
- Tender breasts

How to Reduce Period Cramps

✓  NUTS AND SEEDS	✓  FRESH FRUITS AND VEGETABLES	✓  LEAN MEATS
✗  HIGHLY PROCESSED FOODS	✗  HIGH FRUCTOSE CORN SYRUP	✗  RED MEAT

Top 10 Foods for Period Pain Relief



- Joint or muscle pain
- Food cravings
- Bloating
- Feeling tired
- Mood changes.
- Often symptoms are present for around six days.
- A woman's pattern of symptoms may change over a time

Common emotional and non-specific symptoms include:

- Stress
- Anxiety
- Difficulty in falling asleep (insomnia)
- Headache Fatigue
- Mood swings
- Increased emotional sensitivity
- Changes in libido

Dietary Guidelines for PMS:

- High carbs and low fat
- Vitamin B 6 (fish whole grain, green leafy)
- Milk curd paneer, Fenugreek leaves, drumstick, ragi
- Regular exercise
- Pelvic exercise
- Chocolate should be avoided
- Tea, coffee, spicy should be avoided

Menopause

Menopause can be defined as the state of an absence of menstrual cycle for 12 months. The menopausal transition starts varying menstrual cycle length and ends with the final menstrual period. Pre menopause is a term sometimes used for the time around menopause.

The ovaries are the main source of female hormones,

which control the development of female characteristics such as the breasts, body shape, and body hair. The hormones also regulate the menstrual cycle and pregnancy. Oestrogens also protect the bone. Therefore, a woman can develop osteoporosis (thinning of bone) later in life when her ovaries do not produce adequate oestrogen. Menopause is the time in a woman's life at which she can no longer reproduce.

Symptoms of perimenopause, menopause, and post-menopause vary greatly from woman to woman.

However, common symptoms of menopause include:

- Hot flushes
- Mood changes
- Fatigue
- Stress
- Tiredness
- Vaginal dryness and itching
- Crying spells
- Loss of libido
- Loss of concentration
- Ovaries reduce in size
- Lining of uterus atrophies.
- Vagina narrows and vaginal tissue thins
- Loss of subcutaneous fat.
- Breasts droop.
- Age related muscular degeneration
- Cardiovascular disorders

Foods to be included

Wheat germ, nuts, egg, olive oil, carrot and beet root juice, fish, drumstick, ragi, dairy products, Vit E, soybean

Foods to be Restricted

- Spicy foods like pickles
- Coffee, tea
- Chocolate
- Alcohol drinks
- Refined products

Family members must realize that during this period during these phases, she is already going through a lot many things and needs your love, care and affection. It's a phase and will pass eventually!

Dr. Priyanka Musale
MD (Hom) FCHD (Skin)
Consultant Homoeopath
Consultant Dietician

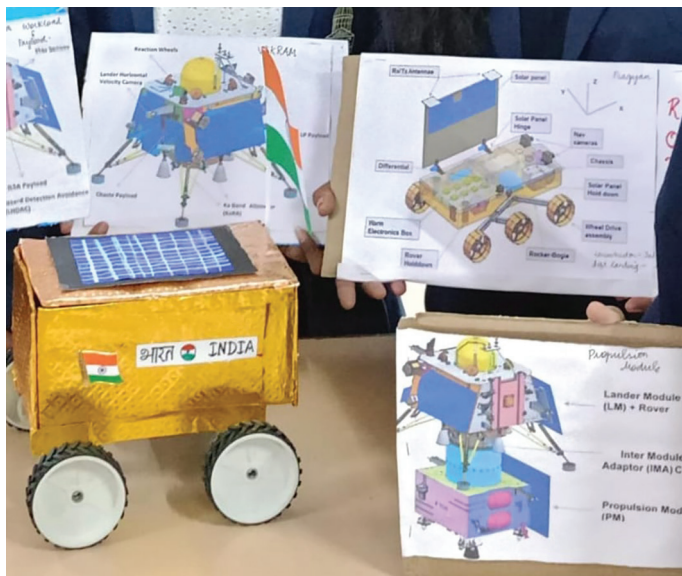
Pranoti Apkaje
LG 2022



Renuka Ingle
LG 2022



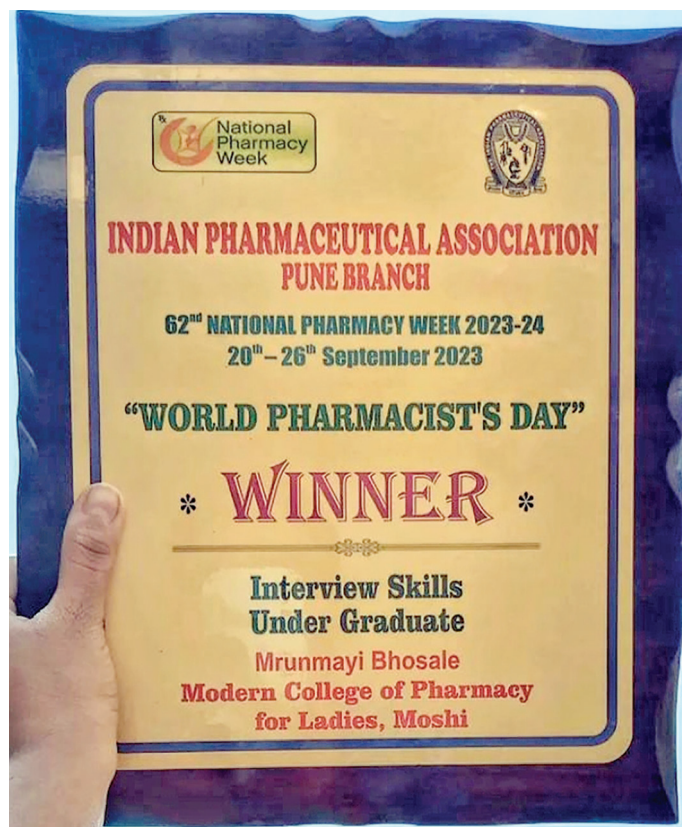
Annrita Rodrigues
LG 2023



Catherine Infante
LG 2023



Mrunmayi Bhosale ■
LG 2022



■ **Saloni Raut**
LG 2020





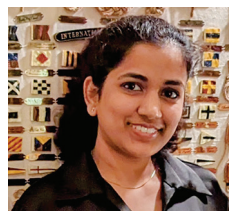
Shalaka Kathapurkar
LF 1999
7083.94



Haripriya Rajagopal
LF 2003
USD 2439.59



Akshata Mayekar
LG 2014
USD 1737.47



Manuja Bandal
LG 2014
USD 517



Ashonita Chavan
LF 2002
USD 1382.5



Lavina Correia
LF 2013
USD 1250



Vrushali Gaud
LF 2000
USD 1000



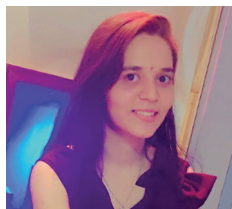
Sonali Aditya
LF 1997
USD 970



Asmita Katdare
LF 1996
USD 585



Shraddha Dondekar
LG 2017
INR 71,250.00



Prajakta Khatri
LG 2012
INR 30,000.00



Tejaswini Nimbalkar
LG 2012
INR 25,000.00



Rashmi Joshi
LF 2001
INR 25,000.00



Shruti Kulkarni
LG 2014
INR 15,000.00



Pratiksha Bande
LG 2016
INR 12,000.00



Priyanka Khopkar - Kale
LF 2006
INR 11,000.00



Jayashree Raut
LF 2011
INR 10,000.00



14 LG of Bel Air college
LG 2016 and 2017
INR 300,000.00

(Please note :

For the last issue of Inspira 63, the donation data was covered from September 2023 till Dec 2023. Sorry for the mistake of mentioning it as Jan 2024.)

Note : Information provided here is USA donation of more than 100 USD given to LPF for period from January 2024 to June 2024.

And

Note: Information provided here is donation of Rs. 10,000/- and more given to LPF for period from January 2024 to June 2024.

Dear Mom and Dad,

A very big thank you for my birthday wishes. Your words mean the world to me and they have truly brightened my birthday. I feel so blessed to have such loving and supportive parents.



Your prayers and good wishes for my year ahead fill me with hope and excitement for what's to come next in life.

Celebrating today with family and friends is a joy, and your message makes the day even more special for me. I will definitely convey your best wishes to everyone.

Thank you for your constant encouragement and for being proud of my achievements. Your belief in me inspires me to work harder and strive for more success in my life so that I can make everyone proud.

I cherish our regular communications; also I will keep you updated more frequently.

Once again, thank you for making my birthday so memorable with your loving words. I will always and forever love you both and all my LPF family.

■ With all my love,
Shruti Shejul
LG 2021

Dear Mom and Dad,

Wishing you both a spectacular New Year! May this coming year be filled with love, laughter, and countless beautiful moments for our family.

As we usher in 2024, I'm excited to share some wonderful news about my job as a Statistical Officer at Vasantdada Sugar Institute in Manjri, Pune. The past year has been a journey of growth and learning, and I'm grateful for the opportunities that have come my way. The work has been both challenging and fulfilling, and I am proud to contribute to meaningful projects that make a difference.

Thank you for being my pillars of support throughout this journey. Your encouragement and belief in me have been invaluable. I am looking forward to sharing more successes, laughter, and cherished moments with both of you in the upcoming year.

Here's to a New Year filled with prosperity, good health, and the warmth of family.

Happy New Year!



■ With love,
Dhanashri Dewade
LILA fellow 2021

Hello Mom, How are you and Dad?

I am Snehal Ramchandra Suryawanshi LG 2021, pursuing Engineering in EnTC department of 3rd year. I'm writing this mail to wish you a Happiest Mother's Day with good health and evergreen happiness as you always are.



Happy Mother's Day, LILA Mom. Every day I am grateful to have you in my life. Let today be another reminder that you're the best. Love you

You're more than a mother. You're the greatest woman I know. Thank you for your continuous support and everything you've done for us all the LILA sisters I am sending warm wishes and loving thoughts, and my prayers to God for you and Dad, your way on this mother's day.

Mom, if it weren't you I would never have become the person I am today. Thank you for being a role model, mother, and an amazing personality. Mom, thanks for all your support and your invaluable life lessons. I'm so lucky and grateful to have a mother like you. You are the best person I know.

Thank you for always providing me with hope, encouragement, joy, and support I needed during my career. Every day I learn something new from your grace, wonder, and compassionate soul. Here's to another year of invaluable life lessons. Thank you so much Mom and I love you.

Yours lovingly,

■ Snehal Suryawanshi
LG 2021

Hello Mom-dad

I am so blessed to have you both in my life as my parents. It's been 11 years of bond between us but I am feeling like I spent my whole life with you. These blessings of yours have given me new feathers to fly. Dear mom dad I am so lucky to have you in my life. Stay always blessed. I miss you so much and I really love you a lot.



■ Your loving daughter,
Pradnya Yadav
LG 2013

Dear Mom and Dad,

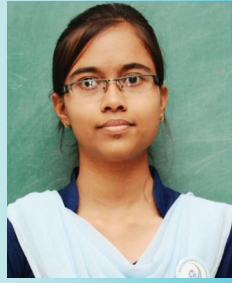
I hope this email finds you both well and happy. I wanted to take a moment to express my deepest gratitude for your heartfelt birthday wishes. Your words brought immense joy to my heart and made my special day even more memorable. Your unwavering love and support mean the world to me, and I am incredibly grateful to have both of you in my life. Your guidance and encouragement have shaped me into a better person I am today. I cherish the bond we share, and I am endlessly thankful for your presence.

Thank you, Mom, for your nurturing spirit, your comforting embrace, and your boundless love. I am forever grateful for your kindness and compassion. And thank you, Dad, for your strength, your wisdom, and your unwavering support. I am endlessly thankful for your guidance and encouragement.

Your birthday wishes touched my heart deeply, reminding me of the love and warmth that surrounds me every day. I am blessed to have you both as my pillars of strength, and I cherish every moment we share together. Thank you again for your beautiful birthday wishes. I am truly blessed to have you both in my life.

With all my love and gratitude,

Your loving daughter,
Sana Qureshi,
LG 2020, Amravati



Dear Mom and Dad,

Thank you so much for your incredibly heartfelt birthday wishes! Your love and blessings mean the world to me. I had a wonderful day celebrating with family, and your thoughtful message made it even more special.

My journey at Fusionstak Technologies has been fantastic. I've been learning and growing each day, and I'm grateful for the opportunities and experiences I've had here over the past two years. The work is both challenging and rewarding, and I'm truly enjoying it.

I'll surely convey your warm wishes to the family. We had a great time together, and your blessings made the day even brighter.

I promise to keep in touch more often. Your messages bring so much joy and warmth to my days. Wishing you both a fantastic New Year filled with love, good health, and happiness. Your love and support mean everything to me.

Love you both so much,
Shivani Kaktikar
LG 2013, LG 2016



Dear Mom and Dad,

I hope this message finds you both in the best of health and spirits. Firstly, I want to express my deepest gratitude for the beautiful birthday card you sent me. Your thoughtful gesture touched my heart deeply, as it always does.

As I sit down to reflect on the significance of your love and support in my life, I am overwhelmed with emotion. From the very beginning, you both have been my pillars of strength, guiding me through life's ups and downs with unwavering patience and love.

Mom, your nurturing presence and boundless affection have shaped me into the person I am today. Your endless sacrifices and selflessness inspire me to strive for greatness every single day. Dad, your wisdom, and encouragement have been my guiding light, helping me navigate through life's challenges with courage and resilience.

Your birthday card serves as a poignant reminder of the countless blessings I have in my life, chief among them being parents as incredible as you. Your unwavering support has been the cornerstone of my journey, and I am eternally grateful for every moment you've invested in my happiness and success.

As I embark on another year of life's journey, I carry with me the invaluable lessons you've taught me and the love you've showered upon me. Your belief in me has instilled a sense of confidence that propels me forward, no matter the obstacles that may come my way.

On this special day, I want to take a moment to reaffirm just how important you both are to me. Your love, guidance, and unwavering support have helped mold me into the person I am today, and for that, I will be forever grateful.

Thank you, Mom and Dad, for everything you do, and for simply being the incredible parents that you are. I love you both more than words can express.

With all my love and appreciation
Shreya Kulkarni
LG 2022



Nikita Vijay Suple ■
LG 2023



Ishwarya Rajendran Sowbhagya ■
LG 2023



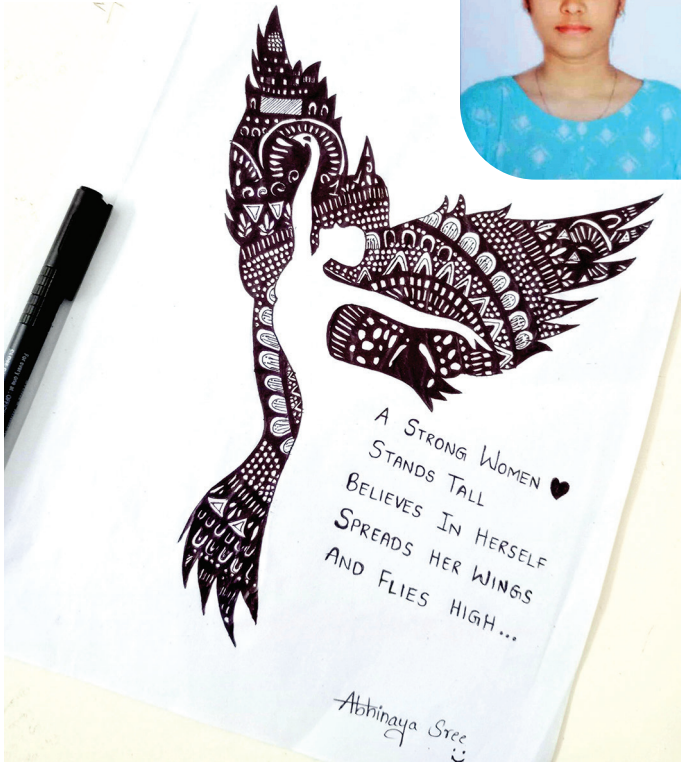
Shraddha Batwal ■
LG 2021



■ **Monisha Manju Srinivas**
LG 2022



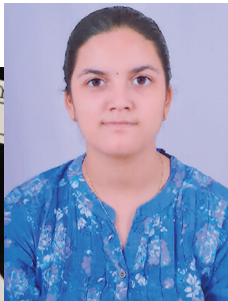
Abhinaya Sree ■
LG 2022



■ **Krupa Anitha Krishna**



Prerna Joshi ■
LG 2023



Dolly Dhumavat ■
LG 2017



My Stargazing time machine

The stars, in their innumerable ways, soothe me,
Fulfilling my craving to be under their graceful rays.
As this light from the past holds my heartfelt smile,
And memories, innocent and full of delight.

Though the present may not be in perfect sync,
The light reaching me has witnessed beauty distinct.
Waiting to be revisited, here I bask beneath its grace,
Reliving each second like the toddler I was, embracing new space.

This grants hope for better actions and a brighter future,
As I await starry nights and let gratitude nurture.

It's mesmerizing how everything intertwines,
Sadness and joy blend for past, present, and future lines.
The old saying of our loved ones passing to become stars
makes so much sense,
Their laughter, blessings, lessons still reaching us, a
presence.

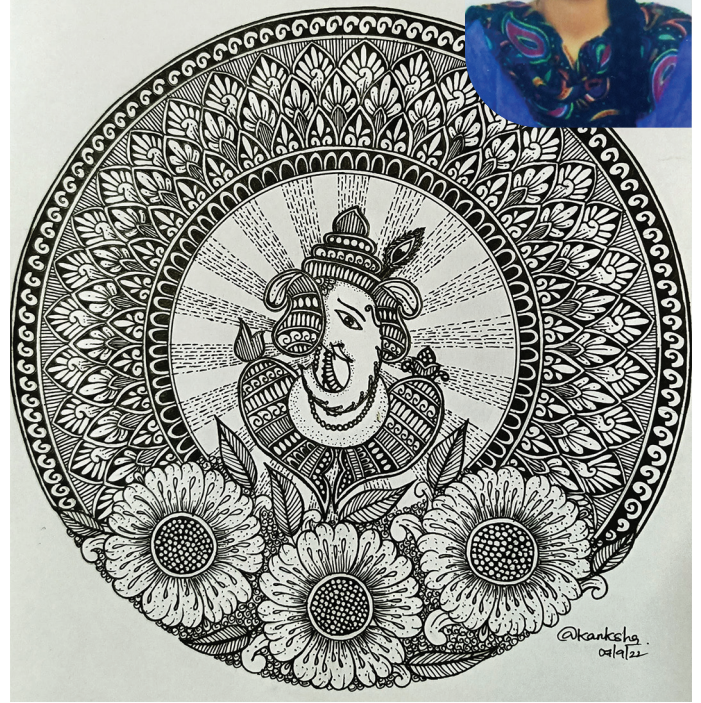
Then arrives the savior,
the asteroid on its meteoric journey,
Aware of its fleeting existence,
Yet its purpose clear,
To ignite smiles, hearts, and souls in a fleeting dance,
In that moment, a memory captured, a new chance.

Another star awaits to re-narrate this tale,
Guiding through rough times,
illuminating the night's sail.

- Dolly Dinesh Dhumavat



Akanksha Nalla ■
LG 2022



Yamini Aileni Reddy ■
LG 2022



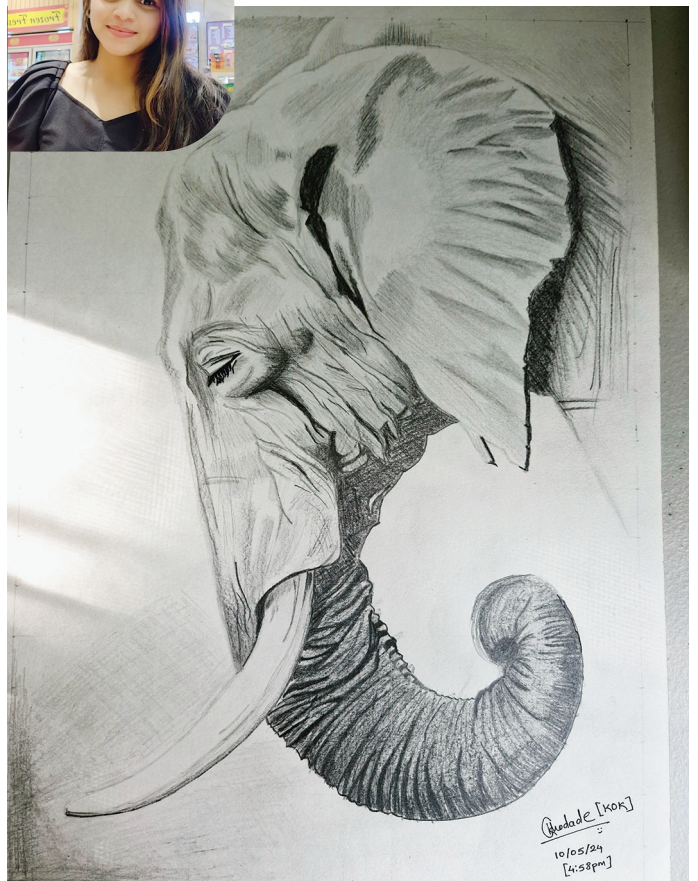
Unnati Shrikhande
LG 2023



Fatima Shaikh
LG 2021



Kajal Dhodade
LG 2013



Himanshi Kawade
LG 2021



She is appointed as Departmental President for the year 2023-2024, named as Emergicon forum under Emerging Technologies at S.B.Jain Institute of Technology Management and Research Nagpur

From a Newcomer to Team Captain: My Journey in Engineering and Robotics

We have one more story with us of our sister Sakshi Jogawade, LILA Girl 2021.



Sakshi says, "Reflecting on my engineering journey, one of the most impactful experiences was being part of my college's robotics club. When I entered college, I was eager to join a technical club that would allow me to learn, grow, and apply the skills essential for an engineering career. Robotics became that space, a place where I not only developed technical skills but also gained invaluable life lessons. Over four years, this club turned into my second family, supporting me as I evolved from a beginner into the team captain. Leading a team of 50 students, I was proud to guide us through various challenges, with one of our proudest moments being our victory in two matches at a national-level robotics competition."

She further adds, "Beyond my role in robotics, I was fortunate to secure four internships along the way, which

enhanced my practical knowledge and broadened my understanding of engineering applications. This journey was immensely fulfilling, and it was made possible through the endless support and encouragement from my LPF family. From the beginning, my LPF training experiences have been instrumental in building the foundation of who I am today. I received invaluable guidance through programs as design thinking, human values and ethics, project management, and leadership series - all of which contributed to my growth and success.

My deepest gratitude goes to LILA mom and Firoz dad, who have been my biggest sources of motivation and strength. They, along with the LPF family, have been my guiding light, cheering me on through every step of this journey. I am forever grateful for their support and dedication, which enabled me to achieve milestones I once only dreamed of. Thank you, LPF family, for believing in me and shaping my future."

We wish Sakshi at great time ahead!

■ **Compiled by Siddhi Phapale**
LG 2022

"In the heart of every community, there lies a spirit of service."

Manasi Ingale embodies this spirit, a dedicated nursing professional whose journey is rooted in empowerment and connection. With a scholarship sponsored by IKEA and awarded through the LILA Poonawalla Foundation (LPF), Manasi pursued her Bachelor's in Nursing at the Tehmi Grant Institute of Nursing Education, where she was able to transform her passion for healthcare into a reality.



With gratitude, Manasi reflects on how the support from LPF enabled her to elevate her education and career. "The financial assistance I received allowed me to focus on my studies and grow as a professional," she shares. The extensive training programs offered by LPF, which included sessions on leadership, nursing skill development, and career guidance, were instrumental in shaping her approach to nursing. "These programs empowered me with the skills needed to thrive in a professional environment," she adds.

Coming from a family where her father is a retired army official and her mother is a homemaker, Manasi was raised with strong values of dedication and service. "My parents always emphasized the importance of giving back to the community," she explains, "and that has guided my path in nursing." Their support has been a

cornerstone in her journey, allowing her to pursue her dreams without the weight of financial burdens.

Today, Manasi serves as an Infection Control Nurse (ICN) at Dr. DY Patil Medical College, Hospital, and Research Centre in Pimpri, Pune. Her role is pivotal in ensuring patient safety and implementing effective infection prevention protocols. "Working in this capacity allows me to contribute significantly to patient care and safety," she says proudly. Before this, she gained valuable experience as a Staff Nurse at Inlaks & Budhrani Hospital, where she honed her skills and deepened her commitment to healthcare.

Throughout her journey, Manasi has participated in over 21 training programs through LPF, embracing every opportunity to learn and grow. "Being part of the LILA Poonawalla Foundation has not only enriched my education but has also connected me with a community of like-minded individuals who share a passion for making a difference," she notes with appreciation.

As Manasi continues her career in nursing, she remains committed to the ideals of service and empowerment, ready to uplift others through her work. We at LPF celebrate her accomplishments and are excited to see the positive impact she will continue to make in her community.

■ **Compiled by Tazeen Shaikh**
LG 2014

contd. on page 52...

THE JOURNEY OF TRIUMPH

PF feels very proud to share yet another story of my daughter Ms. Kavita Ghoshbiswas. She first wishes to thank Mom Dad and Inspira team for giving her the chance to share her experience of personal and professional journey in the hopes of encouraging other women.

Kavita likes to starts as,

About myself

I would describe myself as a person who makes the best effort to give justice to all her roles and responsibilities – both professionally and personally, stay positive and remain strong whatever be the situation. On Professional front, currently, I work as an Engineering Manager with Rockwell Automation – Plex Business Unit (RA Plex as we call it). I have almost 20 years of industry experience. I did my Master of Computer Science from Fergusson College, Pune and joined the industry as an intern from where I have grown to be an Engineering Manager for the last 15 years. I did have a career break and returned to the workforce after a four-year gap. In addition to outlining the circumstances that led to my decision to take a break and my desire to restart, I am also sharing my experiences and struggles.

On Personal front, my better half, Prabindra, is also in the IT industry at a very senior position and we have a very beautiful toddler daughter Navika.

Journey before the career break:

I was not an exception to the rule that everyone experiences various struggles in life, both professionally and personally. But I always hold fast to one principle that helps me persevere: Never give up. It's okay if you fall and lay on the ground for a while. Take your time, but then stand up once more. You can only live and survive in that way. And this resilience kept me from crumbling even when I lost my father and was unable to say goodbye to him because I was abroad; when I lost my twin babies after they had spent two months fighting for their lives in the Neonatal Intensive Care Unit (NICU) (who entered our lives after ten years of marriage); nor when, immediately following the terrible loss, I had a tough assignment at work.



Decision to take a break and later bounce back:

At times, personal priorities make you take a decision that you never imagined. I took a break from my career. And thereafter, God blessed us with a baby girl, who will turn 7 very soon and is my lifeline. And then there was a different life in store, which I also cherish. But it was never very easy, as even though I enjoyed being a full-time mother and a homemaker, money was never an issue as my spouse supported me, but something within me was feeling left out, incomplete, wanting to do something.

At that point, one of my friends who runs a software company, requested that I send him my resume. I updated my resume and sent it to him, but I later decided that I should also apply elsewhere. It's difficult to get the second inning started. You worry about your ability to re-learn the business, the technology, the type of work that will fall on your plate, and, on top of all that, how you will manage your child and the home front (which is expected from a woman in any Indian family). And I



was going through all of these emotions and struggles during the pandemic, especially since my daughter had only started her schooling. But, as fate would have it, I received a call from Plex, went through the interviews and I received an offer within 10 days.

Successful Second Innings at RA Plex

I was blessed to have a wonderful manager from US, who supported me throughout, so that I could excel in my work and manage my personal life too, without any difficulties or guilt. It would be unfair not to mention my incredible team on this journey, many of whom have been with me since the beginning. The camaraderie and cohesiveness in my team is something I am very proud of. I take great pride to say that we have been delivering the complete ERP of the RA-Plex product from Pune since last two years when most of the teams have counterpart US teams for help. My higher management, team and peers also helped me a lot during my recovery from recent knee replacement surgery for both my knees, and they continue to support me.



Mantra for being successful

There is no one secret mantra and everyone's definition of success can be different. For me, what matters the most is being satisfied with what you do – whether be

your job in office or home front. I believe to be successful; you must be sincere, hardworking and have a never give up positive attitude. Skills can be learnt, but the temperament to give in your best is the key. When faced with a choice, choose the path that strengthens you. I took up the opportunities that came in my way right from when I joined this industry as an intern, to when I was offered the position of a software development manager within a span of just 5 years. The more you achieve, the more your possibilities grow. My never give up attitude, passion, dedication, hard work and empathy carries me forward. Success belongs to those who act. I try my best to keep my head held high, feet well-grounded and keep my work life balanced as much as possible.

Support and Encourage Women

I believe in supporting the women around me very simply, by giving work opportunities to the deserving women, guiding them as needed, being empathetic to their life challenges and help them overcome it, in whatever way I can. I have found that connecting to individuals and just talking to them, helps them overcome challenges. People don't always need advice. Sometimes all they really need is a hand to hold, an ear to listen and a heart to understand them. I also strongly feel that a woman should never pull-down other woman, which happens at many places.

Encourage women to not give up. If you fall, it's okay. Take a step back, rest and strike back again with full dedication and positivity. Women are inherently strong, so remain so. Never Give up, that's it. Your willpower is much stronger than you think. Keep it pointed in a positive direction. When you face difficult times, know that challenges are not sent to destroy you. They are sent to promote, increase and strengthen you.

I am grateful to everyone around me - my friends, family, and former coworkers - many of whom have become lifelong friends - for being a great support during my difficult times. I take great inspiration from the women I have met specially LILA Mom and my mother. I have learnt that Every moment of your life teaches you something new. Whatever the situation, I have learned that staying positive, strong, and never giving up is what keeps me going.

Kavita takes a pause and then further adds,

Well, does this sound like the end? No, it's surely not. And the journey continues :)

LPF wishes Kavita a very great time ahead with a lovely family and professional life. Also, we are very proud and sure that you will keep excelling as always. Good luck!

■ **Compiled by Rachna Pardeshi**
PA 2017

Celebrating Growth and Achievements : A motivating journey from Intern to Lead Software Engineer

LPF feels proud to share a story of their beloved daughter, Ms. Snehal Kakteekar (LG 2012, LF 2015 and PA 2017). She is an IT professional working with an esteemed company and begins her say as...

"I started my career at Tietoevry 7 years ago as an Intern, I'm proud to still be with the company and presently working with Care Business Domain from past 4 years.

I am thrilled to share the exciting news of my promotion to Lead Software Engineer at Tietoevry this year. Reflecting on this incredible journey, from my initial days as an intern to my current role, I am filled with immense gratitude for the support, mentorship, and growth opportunities that have shaped my career. There are many achievements to highlight during this journey.

A Year of Learning and Development

This past year has been marked by remarkable experiences that have significantly contributed to my professional and personal development. One of the standout moments was attending the APGI conference, where I had the privilege of participating in sessions that left a lasting impact.

I am profoundly grateful for the opportunity to learn from industry experts and to integrate these insights into my work.

Honoring Achievements and Recognizing Support

Receiving the Pat on the Back Awards was a significant milestone for me. These achievements are a testament to the incredible support I've received from my team, manager, and leadership. Their encouragement and the positive work environment have been pivotal in my journey.

The Honor of Being Involved in the Women Empowerment Program

I was privileged to be a part of Women Empowerment Program in the year 2022, which was designed for selective female employees in my business unit. This program was comprised of 3 stages Speak Up Lady, Anavaran-Unlocking Potentials and CSR initiative.

Stage 1: Inspiration from the SpeakUpLady

Personal Branding and Looking Forward

Reflecting on my journey, I've also focused on personal branding. Key takeaways from a session on this topic include:

1. **Defining Core Values:** Understanding and defining myself in terms of my core values and capabilities is crucial for achieving goals and positively impacting others.



2. **Connecting and Inspiring:** Engaging with people, exchanging thoughts, and spreading positivity are vital for personal growth and creating a supportive network.

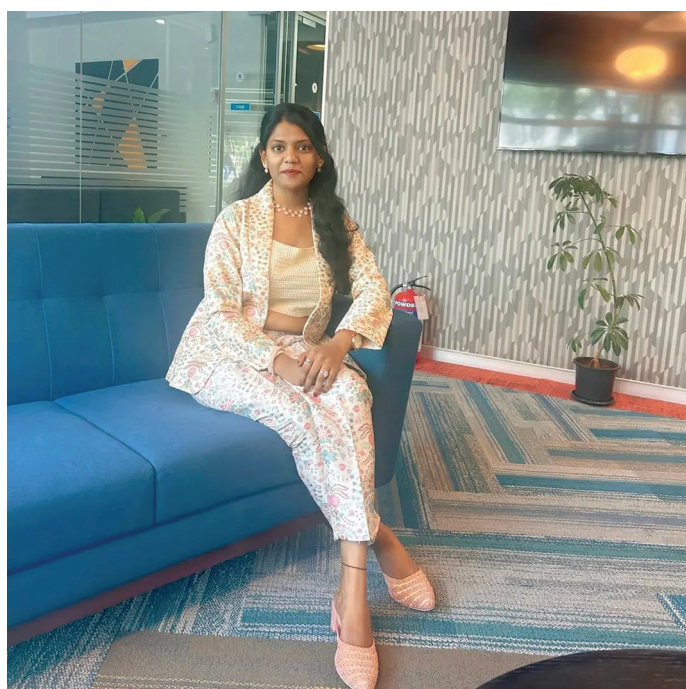
Personal Intervention

1. Work towards what YOU want to be and want to KNOWN AS by people.
2. Flashback into your life story when feeling low esteem. YOU are the only one to fulfill YOUR dreams.
3. It is very important to equally balance our mentors at the workplace and in personal life.

Key Learnings from Work-Life Balance and Relationship Building

The sessions on Work-Life Balance and Relationship Building provided profound insights:

1. **Setting Boundaries:** Prioritizing different aspects of life and setting clear boundaries is essential for maintaining balance.
2. **Making Time:** It's not just about having time but making time for what matters most.
3. **Communication and Trust:** Building meaningful relationships relies heavily on effective communication and mutual trust.



Felicitation Ceremony

The ceremony was a blend of inspirational thoughts, laughter, and emotional moments, with valuable insights shared by leadership team, trainer and HR.

Some impactful lines from the ceremony that resonated with me include:

1. "Treat others how you would like to be treated."
2. "How you do it will be remembered."
3. "Don't be in desperation to speak."
4. "Butterflies in the stomach mean you are still passionate and alive."
5. "Celebrate."

These reflections have been deeply meaningful and have inspired me to continuously strive for personal and professional growth.

Stage 2: Take-aways from Anavaran – Unlocking Potentials

Effective stress management techniques also help improve work-life balance. This in turn, helps achieve bigger goals for the individuals as well as the organization.

Stage 3: CSR Initiative

We as a group conducted a CSR activity at NGO which provides a free education to girls from remote areas of Maharashtra that lack basic educational infrastructure and facilities. The main was to empower and creating an awareness in them about different aspects of life which would be of certain relevance to them at this point in time like personal hygiene, career financial independence, self-awareness, mindfulness etc.

Looking Ahead

As I continue this journey, I am excited about the future and the opportunities to further develop and contribute. Being surrounded by individuals who see potential in me, even when I may not see it by myself has been incredibly empowering. My colleagues, mentors, and friends have played a crucial role in my growth, and I am committed to applying the lessons learned to become a better version of myself.

Here's to achieving even greater heights in the coming year, with a heart full of gratitude and a spirit eager for continued growth and success.

A Heartfelt Thanks to LPF for Guiding My Journey

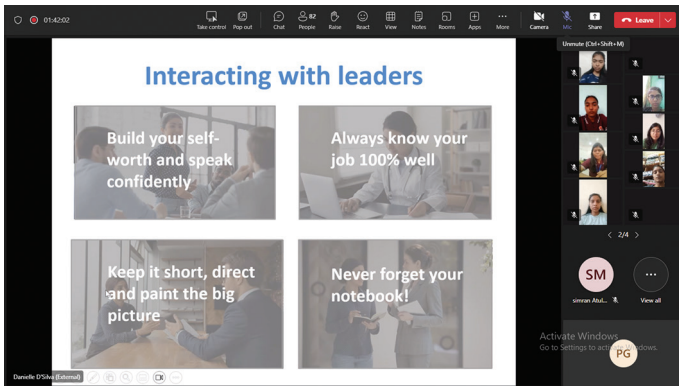
I want to express my heartfelt gratitude to LILA Poonawalla Foundation for being a constant support throughout my journey and for uplifting me. The foundation's role in my life is truly irreplaceable, Mom and Dad were like the guiding hand I needed when I was just starting out—an experience I deeply cherish. The training and volunteering opportunities provided by the foundation have been incredibly formative. They have empowered me to confidently pursue and thrive in a prominent IT MNC, a dream I once had.

A Message to New Girls: Embrace Every Opportunity for Success

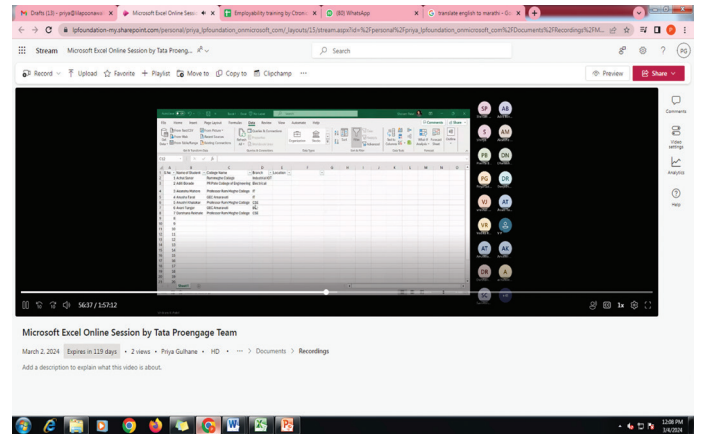
To all the young girls newly joining the foundation, I have one important message: fully engage in all training programs, participate in volunteer events, and stay connected with the foundation. Your dedication will pave the way for a successful future. The foundation invests significant effort into shaping the future of its girls, and it's up to you to make the most of these opportunities to transform your life.

■ **Compiled by Tazeen Shaikh**
LG 2014

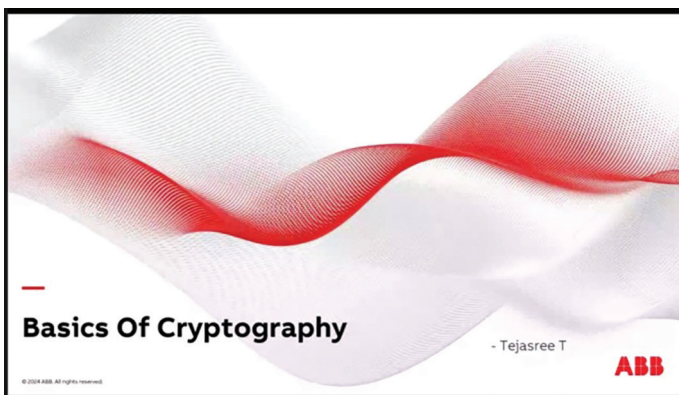
Amravati



*'The Art of Communication- bringing out your best self'
- Session by Corporate Volunteer Ms. Danielle D' Silva (ABB)*

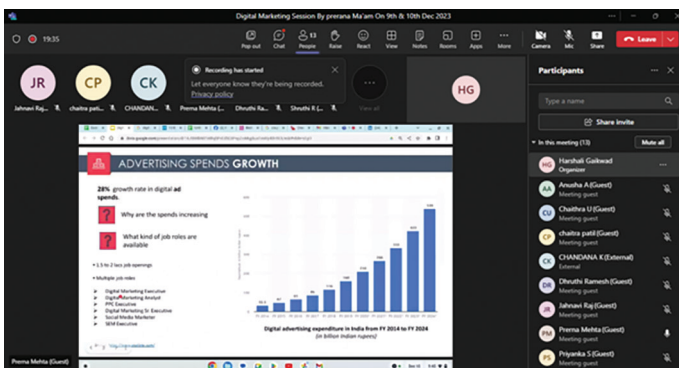


'Microsoft Excel' - Session by Corporate Volunteer Mr. Shriram Patel & Ms. Silvia (Tata Proengage)

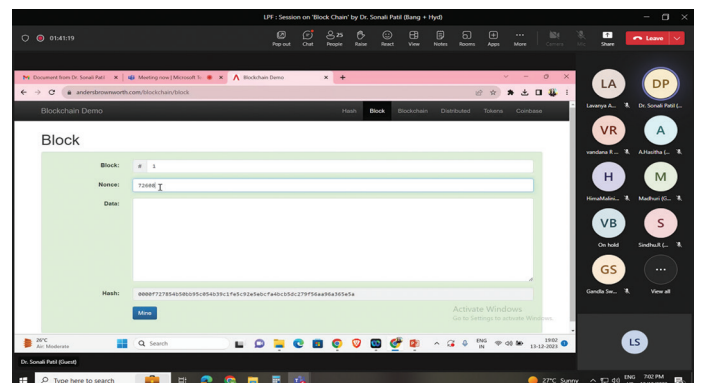


'Cyber Security' - Session by Corporate Volunteer Ms. Tejasree (ABB)

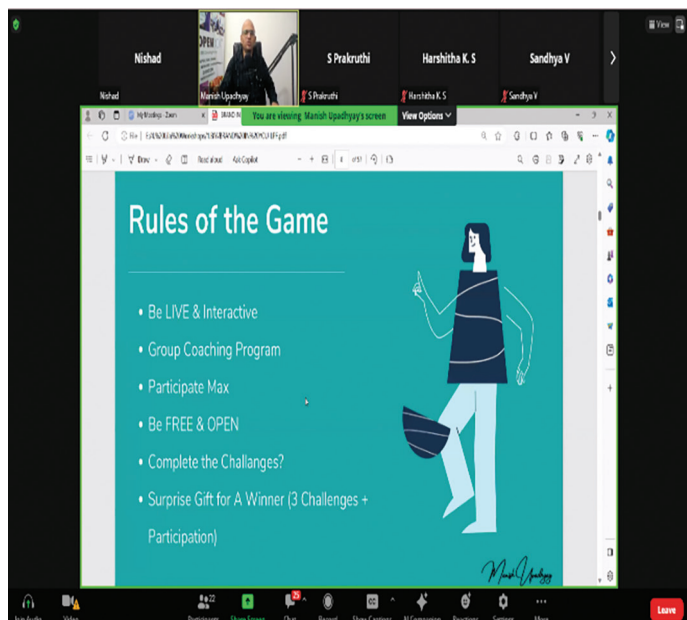
Bengaluru



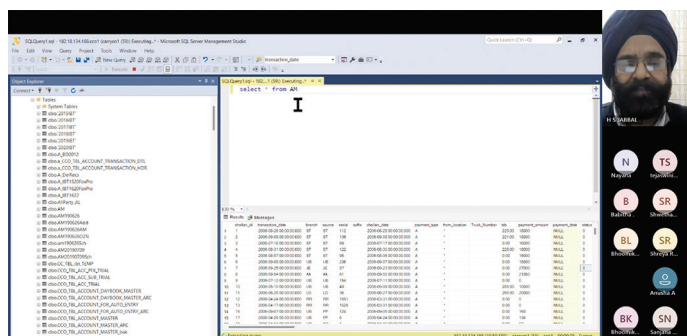
'Digital Marketing' - Session by Ms. Prerana Thakur (LPF Trainer)



'Block Chain' - Session by Dr. Sonali Patil (LPF Trainer)



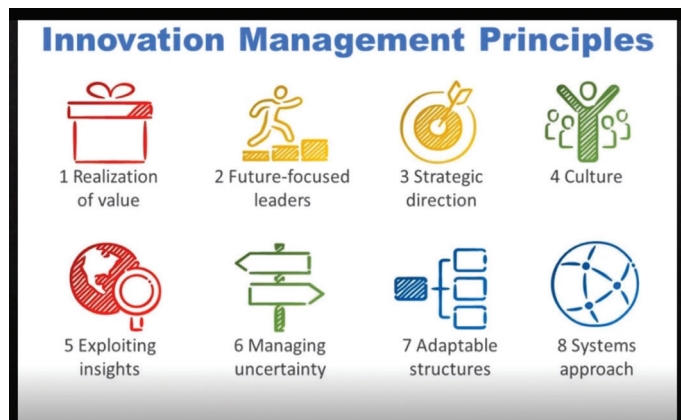
'Personality Development' - Session by Mr. Manish Upadhayay (LPF Trainer)



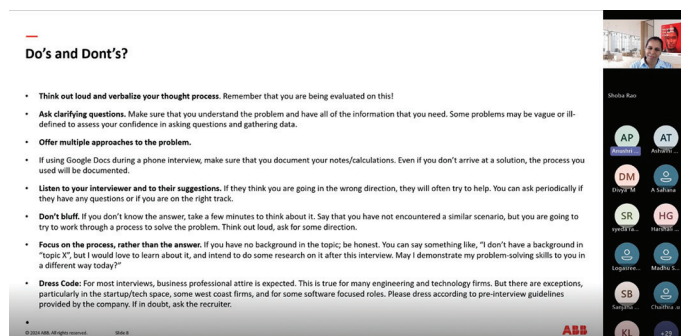
'Introduction to Data Science' - Session by Dr. Harvinder Jabbar (LPF Trainer)



Group photo during the 'Self Defence' program with coach VL. Roshan Kumar (LPF Trainer)



'Innovation & Technology Management' - Session by Ms. Pradnya Kashikar (LPF Trainer)



'Preparing for Interviews- Do's and Don'ts' - Session by Ms. Shoba Rao Corporate volunteer (ABB)



'Basics of Values & Ethics Principles' - Session by Ms. R. Lakshmi (LPF Trainer)



Industrial Visit to ABB India, Bengaluru

Hyderabad

TATA TECHNOLOGIES

Classification: Internal



How To Prepare For An Interview

Carry your **RESUME**

Be on **TIME**, not too early neither late

Show up your **ENERGY LEVEL** with firm and humble handshake

Dress for **SUCCESS**, take extra care on your appearance

Power of **WISDOM** can boost up your confidence level

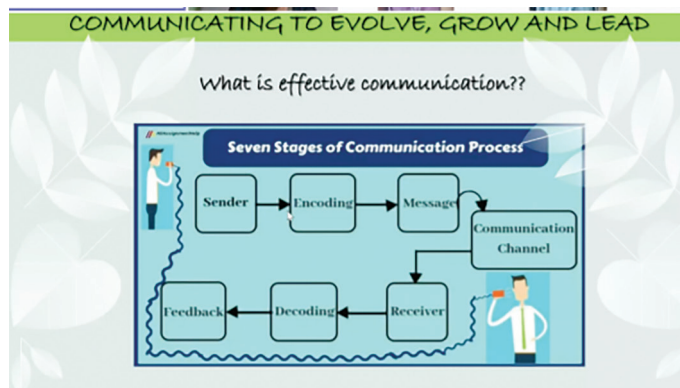
Present with **IMPACT**, have an eye contact

Be a keen **LISTENER**

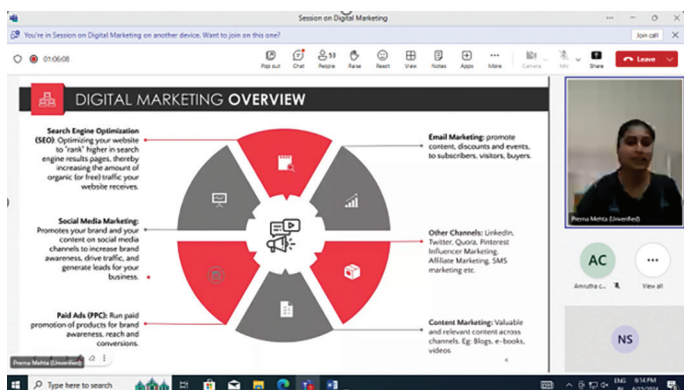
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Engineering a better world

*'Interviewing Skills' - Session by Mr. Nilesh Patil
(Tata Technologies Ltd Volunteer)*



*'Communication to Evolve, Grow & Lead' - Session by
Ms. Shilpa Vora (LPF Trainer)*



*'Digital Marketing' - Session by
Ms. Prerna Mehta (LPF Trainer)*



*'Basic Values & Ethics' - Session by Ms. Devika Menon
(LPF Trainer)*

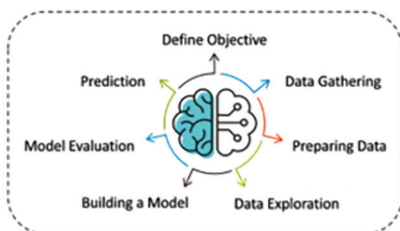


*'Self Defense' - Session by Mr. Naveen -TYMA
(LPF Trainer)*



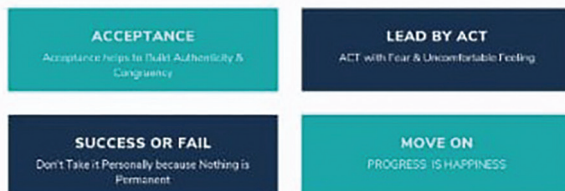
*'Interviewing Skills' - Session by
Mr. Vara Prasad (LPF Trainer)*

Steps to create Machine Learning Model



'Data Analytics AI & ML' - Session by Ms. Nagashree (ABB Volunteer)

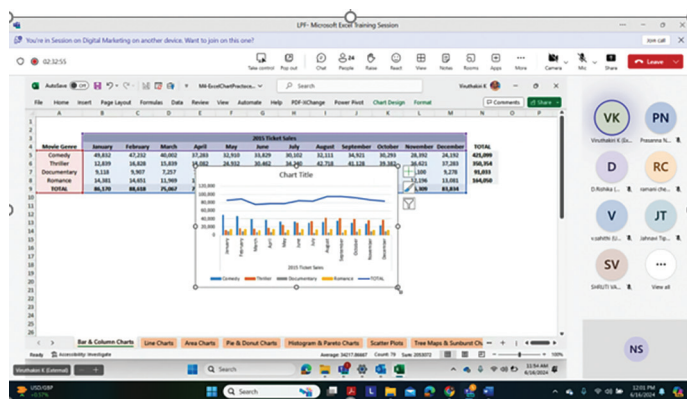
Meaning of Charismatic Personality



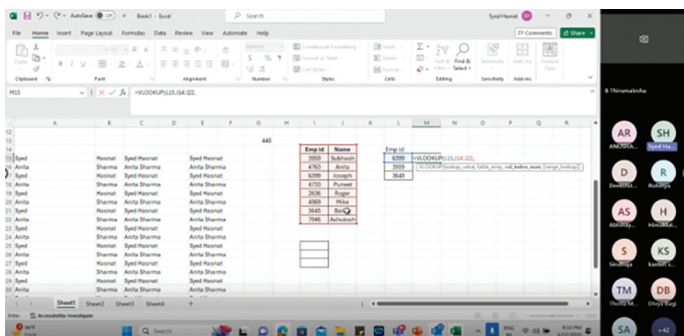
'Personality Development' - Session by Mr. Manish Upadhyay (LPF Trainer)



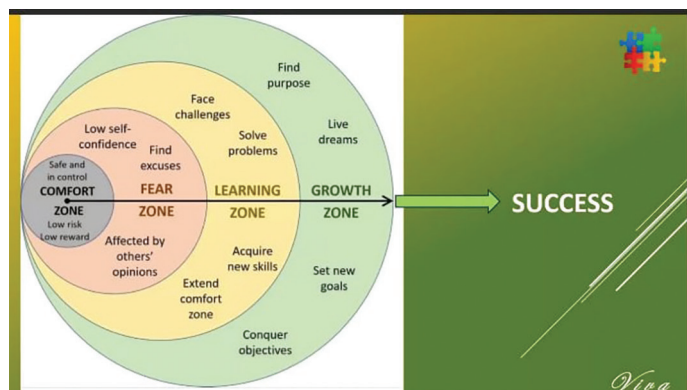
'Robotics Process Automation' - Session by Ms. Leena Deshpande (LPF Trainer)



'Advanced Excel' - Session by Mr. Viruthakiri (ABB Volunteer)



'Basic Excel' - Session by Mr. Syed Hasnat (Concentrix Volunteer)



'Scale up' - Session by Ms. Nilima Gogate (LPF Trainer)

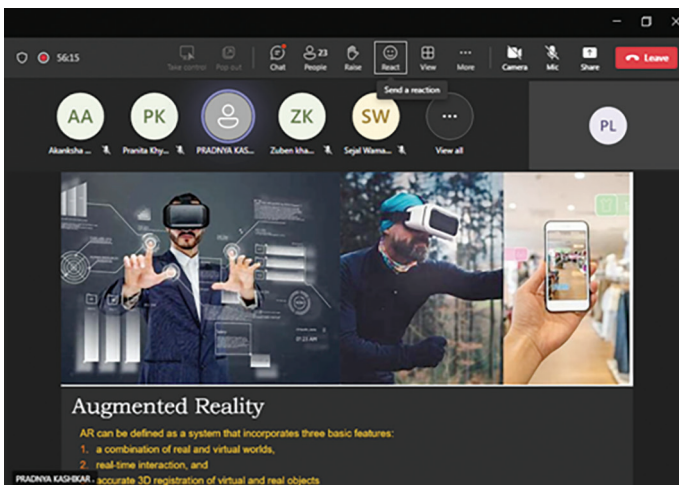
Pune



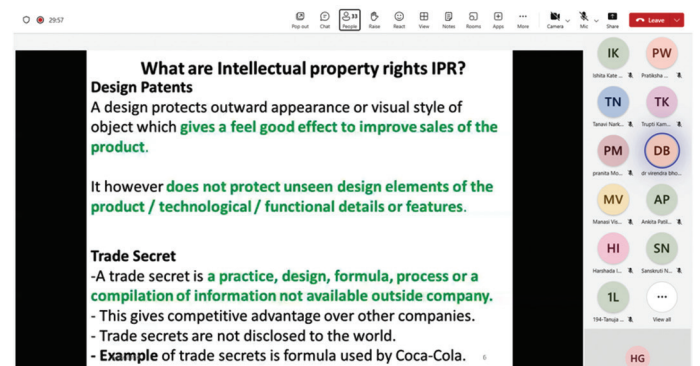
'Introduction to nursing - the role of Nurses around the World' - Session by Priya Nimishe



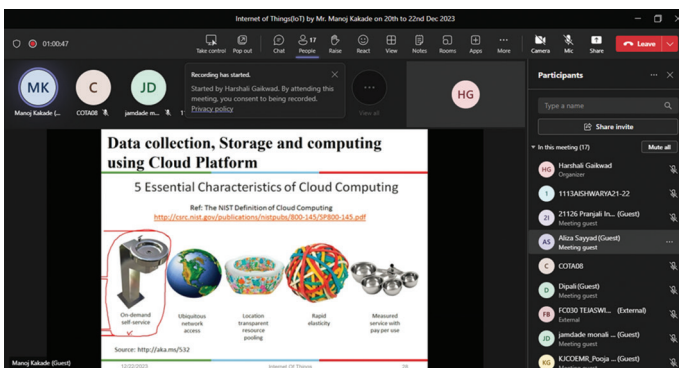
'Principles of Innovation & Technology' - Session by Pradnya Kashikar (LF 2005)



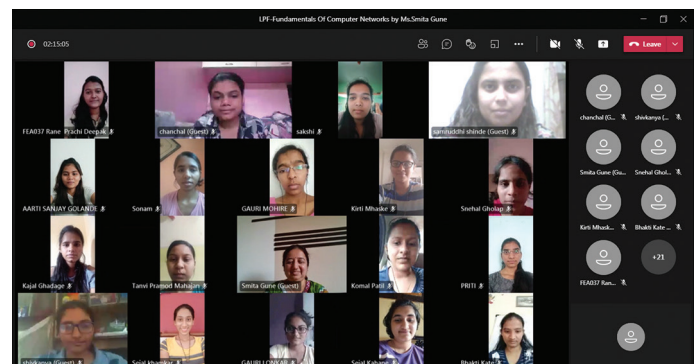
Ms Pradnya kashikar (LF 2005) discussed the about the Technologies that allow the user to see the real world, with virtual objects composited in the real world.



IPR Process - the right given to persons over the creation of their minds' - Session by Dr. Virendra Bhojwani (Associate Dean (R&C), MITADT University, Pune)



'Internet of Things (IoT)' - Session by Mr. Manoj Kakde



'Fundamentals of Computer Networks' - Session by Smita Gune



'Obstetrics & Gynecological Emergencie - Session by Ms. Sarika Zende



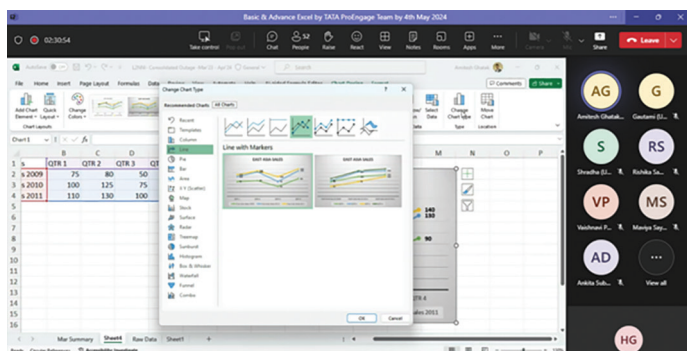
'The Art of Communication' – Session by ABB Volunteer



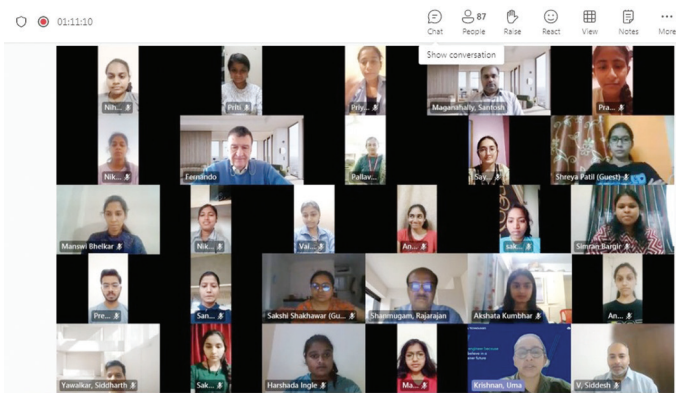
'Financial Investments & Opportunities' – Session by Dr. Rita Shetiya (LF 2005 & P.A. 2011)



Group photo click in the In- Person Event Mentoring at BMC Software Company



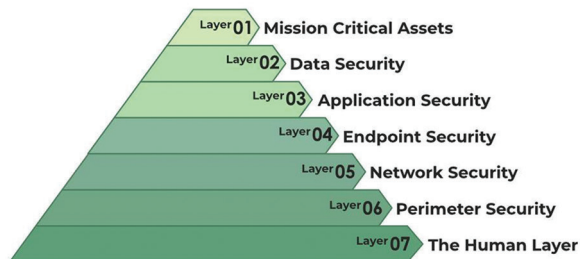
'Basic & Advance Excel' - Session trainer explained how to use different tabs to working on excel to LILA girls



'Introduction to Aerospace' - Session by TATA Technologies Ltd. Volunteer.

Wardha

The Seven Layers of IT security



'Industry 4.0'- Session by Corporate Volunteer Ms. Shivani Maithani (ABB).



'Time Management techniques' – Session by LPF Trainer Mr. Mohammad Ujjainwala



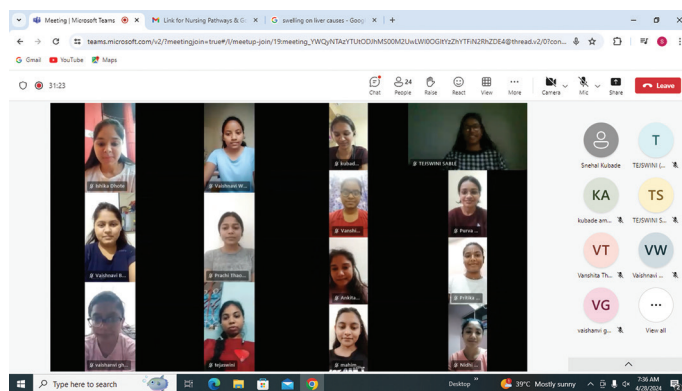
LILA Girls enthusiastically participated in a 'Self-Defense' session conducted by LPF Trainer Mr. Ulhas Wagh.



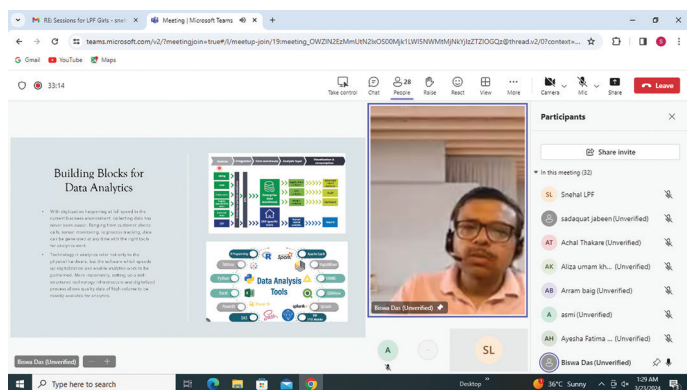
LILA Girls posed for a group photo during the 'Personality Development' session with LPF Trainer Mr. Manish Upadhyay.



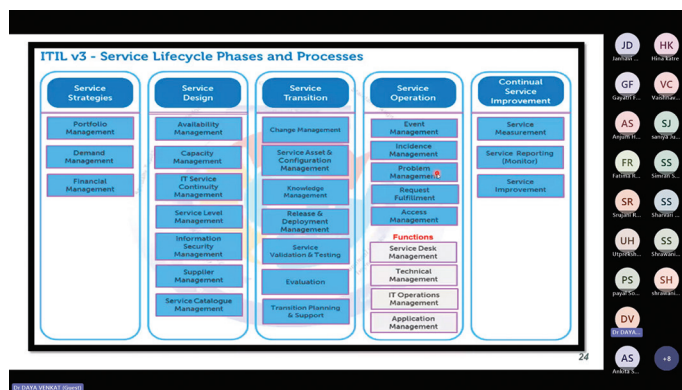
LILA Girls are engaging in a group activity as part of the 'Mind Mapping' session conducted by LPF Trainer Mr. Vishesh Prasad.



'The Nursing Pathways' - Session by Tejaswini Sable, LILA Alumni (LG 2014).



'The Data Analytics and Artificial Intelligence' - Session by Corporate Volunteer Mr. Biswa Das (ABB).

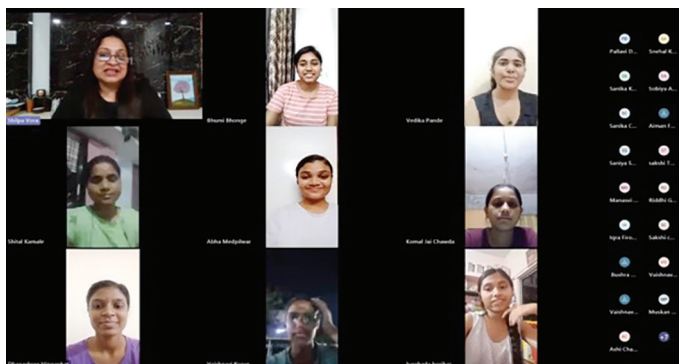


'The IT Infrastructure and Landscape' - Session by LPF Trainer Dr. Venkta.

Training & Developmental Programs

Communicate to Evolve, Grow and Lead by Ms. Shilpa Vora (LPF Trainer)

The program was conducted by Ms. Shilpa Vora for 2nd year Engineering LILA Girls. This Session emphasized the importance of effective communication in personal and professional growth. Participants engaged in interactive activities to enhance their listening and speaking skills. By the end of the session, everyone felt more confident in their ability

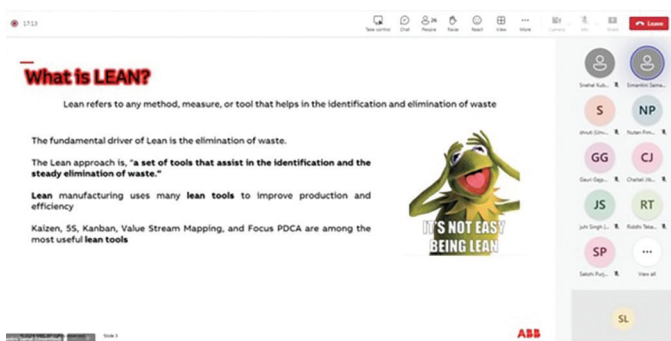


to communicate clearly and lead effectively.

Komal Chawada (LG 2022) says, "The session was eye-opening. The exercises on active listening and clear expression helped me understand how crucial effective communication is for leadership. I feel more confident in my ability to connect with others and drive positive change."

Lean Six Sigma by Ms. Simantini Kalal (ABB, Corporate Volunteer)

The program was conducted by Ms. Simantini Kalal for final year Engineering. This session provided an in-depth overview of the principles and methodologies for process improvement. Participants learned how to identify inefficiencies and implement strategies to enhance productivity and quality. By the end of the session, everyone had a solid



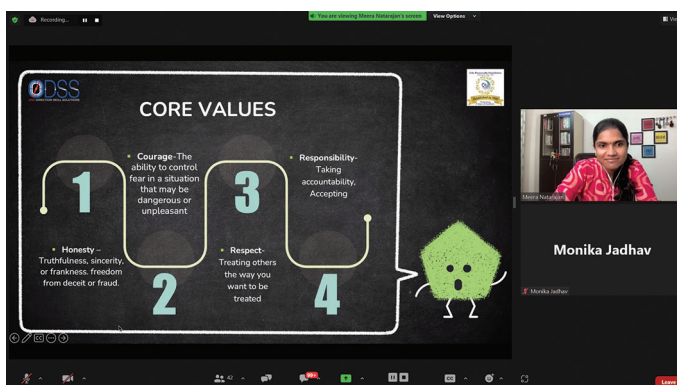
understanding of how to apply Lean Six Sigma techniques in their work.

Shrushti (LG 2021) says, "The session was incredibly informative. I gained valuable insights into process improvement and learned practical tools for enhancing efficiency. I feel more equipped to implement these techniques in my projects to

achieve better results."

Basic of Values & Ethics Principles

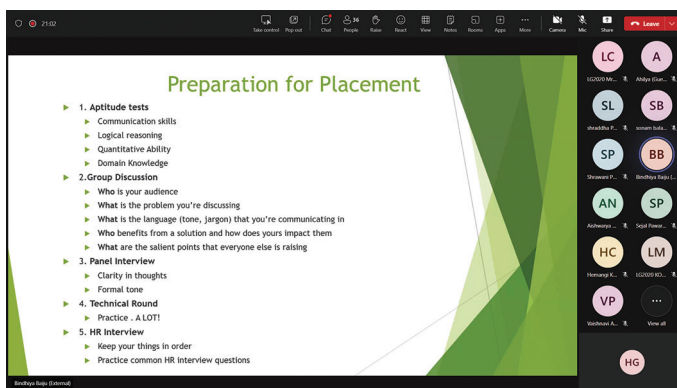
Ms. Meera Natarajan, a freelance trainer, conducted a session on 'Basic Values & Ethics Principles' for second-year Nursing LILA Girls. The session focused on defining values in ethics, examining their impact on decision-making, and exploring ethical principles. Ms. Meera effectively illustrated the interplay between values



and ethics through real-life examples that resonated with the participants. She emphasized eight core values as essential moral guidelines for life, highlighting practical applications for each. The girls expressed appreciation for the insightful session, which they found valuable for their personal and professional development.

Success Keys for Cracking Interviews by ABB

Ms. Bindhiya Baiju, a volunteer from ABB, conducted a session titled 'Success Keys for Cracking Interviews' for final year Bachelor of Engineering LILA Girls and Post-graduation LILA Fellows. The session covered essential topics such as interview preparation, skill development, goal setting, and maintaining a balance between personal and work



life. It aimed to dispel any uncertainties regarding placement preparation and provided clear guidance on the concepts and steps necessary for successful interviews. The session was well-received, helping the participants gain a comprehensive understanding and readiness for their upcoming interviews.

Attitude Building

Ms. Meera Natarajan, a freelance trainer, conducted an 'Attitude Building' session for final-year Bachelor of Pharmacy LILA Girls. The session was highly interactive, focusing on learning about attitude, building it effectively, overcoming challenges, and cultivating gratitude. It proved to be truly inspiring, offering valuable insights on enhancing attitude towards both work and life. Meera's



use of real-life scenarios to illustrate attitude-building strategies made the concepts easily understandable and memorable for the girls. Group activities further reinforced these teachings, allowing participants to apply what they learned actively. Overall, the session was exceptionally effective in fostering a positive outlook on life among the attendees.

Interview Skills by ABB

Mr. Nikhil Chandrawanshi, a volunteer from Concentrix, conducted an 'Interview Skills' session for final-year Bachelor of Science LILA Girls. This session was deemed essential for any girl aiming to secure a job confidently. It proved highly informative and beneficial, delivering its content effectively. As a result,



the girls gained confidence to approach interviews positively and give their best effort. The session covered valuable tips on preparing for interviews, maintaining professionalism, and various other pertinent aspects. Overall, it equipped the participants with the knowledge and skills necessary to excel in interviews.

Communication Skills by Concentrix

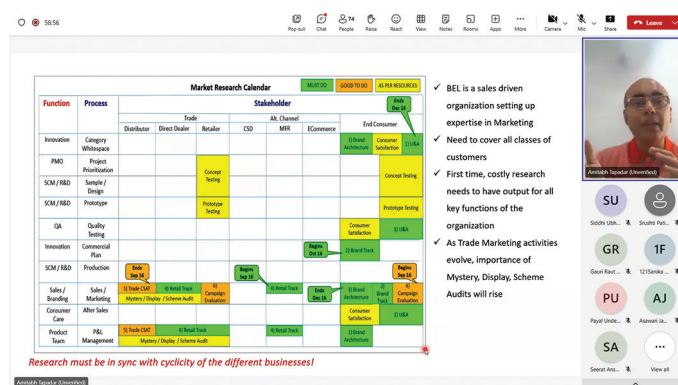
Ms. Ashwini K from Concentrix volunteered to conduct a session on 'Communication Skills' for second-year Bachelor of Pharmacy LILA Girls. The session was highly engaging, and the topics covered were immensely valuable to the participants. They expressed



that the insights gained will significantly enhance their daily lives. Specifically, they learned effective strategies for both verbal and non-verbal communication, which they can now apply across different facets of their lives.

Market Research by Tata Consultancy Services

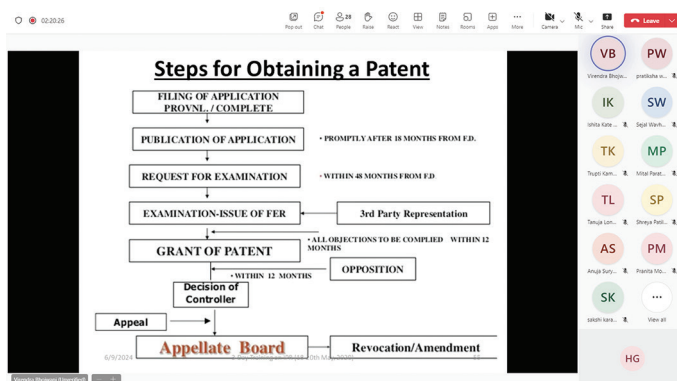
Mr. Amitabh Tapadar from Tata Consultancy Services conducted a 'Market Research' session for third-year Bachelor of Engineering LILA Girls. The session covered topics such as rationalizing the Rallis Pesticide brand portfolio, setting up a market research calendar, and gathering consumer views in the early stages of product



development. The session was highly engaging, and Mr. Tapadar effectively used case studies, presentations, and everyday examples to simplify complex concepts. His approach made learning enjoyable and informative, enriching the students' understanding through practical real-life applications.

Intellectual Property Rights (IPR)

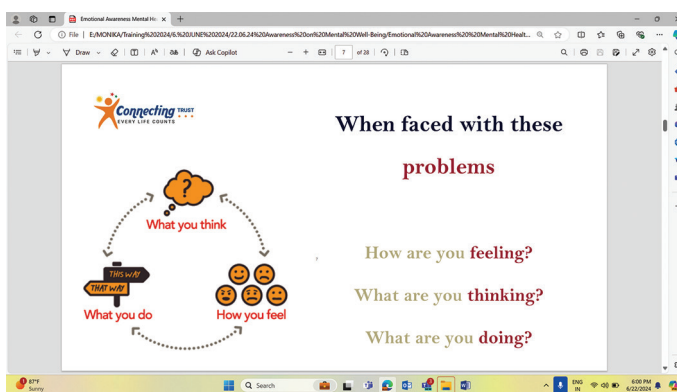
Dr. Virendra Bhojwani, Associate Dean (R&C) at MITADT University, conducted an 'Intellectual Property Rights' (IPR) session for final-year engineering after diploma LILA Girls. The session covered a wide range of topics including the roles of WIPO and PCT in securing international patents, online resources for patent searches, and the processes involved in IPR and its steps. The girls gained comprehensive knowledge of patents,



trademarks, and trade secrets, along with insights into the business requirements and the procedures for obtaining patents. Dr. Bhojwani demonstrated deep expertise and responsiveness, delivering clear explanations and addressing all queries effectively. The sessions were well-structured, highly informative, and succeeded in simplifying complex topics for easy comprehension.

Awareness on Mental Well-Being

The LILA Poonawalla Foundation, in partnership with the Connecting NGO team, organized a session on 'Mental Well-Being Awareness' for third-year Engineering, Nursing, and Pharmacy LILA Girls. The session began with a meditation exercise and successfully fulfilled the participants' expectations. Through this session, the girls learned about the significance of addressing mental well-



being comprehensively. It emphasized the urgent necessity to diminish the stigma surrounding mental health concerns. They also acquired valuable insights into practical self-care routines including exercise, nutritious eating, and mindfulness practices. Additionally, they recognized the importance of seeking professional assistance when necessary.

Introduction to Nursing: The role of Nurses Around the World & Communication & Educational Technology in Nursing

The LILA Poonawalla Foundation organized a session titled 'Introduction to Nursing: The Role of Nurses Around the World & Communication & Educational Technology' for second-year Nursing LILA Girls. The session was conducted by Ms. Priya Nimishe and covered a comprehensive range of topics. These included Communication & Educational Technology, Attitude, Teamwork, Problem-Solving & Critical Thinking,



Networking, Professionalism, and Conflict Resolution & Empathy. The session focused on fundamental nursing principles, handling situations in hospital settings, and understanding the essential legal protections for nurses. It was both interesting and informative, providing valuable knowledge to all nursing students in their academic journey.

Mental Health & Learning Empathy, Active Listening & Record Keeping for Improving your Skills

Ms. Priya Nimishe conducted a session titled 'Mental Health & Learning Empathy, Active Listening & Record Keeping to Improve Your Skills' for third-year Nursing LILA Girls. The session highlighted the diverse career opportunities available in the nursing field, emphasizing that while there are ample job opportunities, these roles require specific qualifications and skills. The session delved into the importance of empathy in healthcare, providing detailed insights into understanding patients' emotions



nursing roles.

and tailoring care to their individual needs. Participants also gained knowledge on effectively caring for patients with mental health issues, understanding their unique requirements based on their conditions, and practicing patient communication with patience and empathy. Additionally, the session underscored the leadership and management responsibilities inherent in

Industrial visit to B&R Industrial Automation

A member of the ABB Group at Pune, HQ was organized for LILA Girls pursuing engineering, which included an overview of B&R, a facility tour, and motivational interactions with B&R's female employees. Shrushti (LILA Girl - 2023) remarked, "We learned about



delta robots, vision cameras, magnetic levitation, and industry trends in textiles and food and beverages. It was an exceptionally informative experience." We thank B&R Industrial Automation for hosting the LILA Girls and look forward to more such visits.

Industrial Visit to Brose India Automotive Systems Pvt. Ltd.

Industrial Visit to Brose India Automotive Systems Pvt. Ltd. was organized at the Hinjewadi campus for the LILA Girls. During this visit they got an opportunity to gain industry exposure through women-led plant guided tour of plant, to get inspired from a leadership dialogue & engage into interactive, empowering talk session with Women @Brose India. Payal (LILA Girl 2023) says that, "Our visit was both fascinating and exhilarating.



We delved into the intricacies of car component design and manufacturing processes, gaining valuable insights along the way. Interacting with the female employees at Brose was particularly inspiring and left a lasting impression on us."

We thank the Brose team for organizing this great exposure visit and look forward to many such collaboration opportunities in future.



STEM awareness session organized by SLB

STEM awareness session organized by SLB one of our esteemed corporate partner, for over 100 LILA Girls, volunteers imparted valuable knowledge across various domains. They also introduced the Bridge Program, a mentoring initiative, to the girls. Reflecting on the session, Siddhi (LG-2022) expressed her thoughts, "I gained a deep understanding of their advanced technologies



and their application in the oil and gas industry. This includes insights into reservoir characterization, drilling optimization, production enhancement, and digital solutions for efficient operations. Additionally, I learned about Schlumberger's focus on sustainability, safety protocols, and their collaborative approach to problem-solving, particularly within their IT sector.

Corporate Employability Program (CEP) Program at Amdocs

Amdocs organized a two-day 'Corporate Readiness Program - (CEP)' tailored for 2nd and 3rd-year engineering LILA Girls. The program covered an array of topics including an overview of the telecom industry, leadership, GenAI, cloud computing, operating systems, financial planning, corporate etiquette, self-branding, resume



writing, interview skills, and personality grooming. Notable concluding events comprised leadership talks and an open house, featuring distinguished speakers such as Ketan Kosambi, VP and Head of Managed Services, and Gina Chakravarty, Regional VP for APAC.

Time Management by Mr. Mohammad Ujjainwala (LPF Trainer)

This program was conducted by Mr. Mohammad Ujjainwala for 1st year Engineering LILA Girls. The 'Time Management' session focused on teaching effective strategies for prioritizing tasks and maximizing productivity. Participants learned techniques to manage their time more efficiently. By the end of the session, everyone gained practical skills to better



balance their personal and professional responsibilities.

Shikha (LG-2023) says, "Attending the time management session was incredibly helpful. I learned practical techniques that I can apply to my daily routine to stay organized and focused. The strategies shared have already made a positive impact on my productivity."

Dear Mom-Dad and Inspira team,

I wanted to take a moment to provide feedback on Inspira LPF newsletter. It was incredibly beneficial to gain a deeper understanding of the LPF initiatives and accomplishments.

Seeing my name featured on the placement page filled me with pride and gratitude. It's truly an honor to be recognized in this manner. Additionally, the detailed information about the foundation's mission and future goals was particularly inspiring.

Thank you to the entire team for their hard work and dedication to keeping us informed.

Regards,

■ **Sujata Barve**
LG 2014 and 2020



Dear Mom,

Read the Inspira in the early hours of today. It made my day. I read your column and am very happy to hear and eager to celebrate the 30th Foundation day of LPF in 2025. Dad's birthday is always a party time. I also appreciate your tour to Germany and Austria, meeting the girls and conducting board meetings. I liked the picture of yours drawn by Ms Tambe. You look beautiful in that.

My best wishes to the Editor and Team Inspira.

Thanks and regards,

■ **Dr. Mrs Urmila M. Aswar (Tambe)**
LF 2000



Hello Everyone,

I am Sakshi Jogawade, LG 2021.

Thank you for sharing the latest edition of the LPF Newsletter, Inspira Vol_63. I have had the pleasure of reading through the newsletter and I must say that it was truly captivating from start to finish.

The articles featured within were not only motivating but also quite thought-provoking. It's evident that a great deal of effort and dedication has gone into curating such enriching content. From insightful stories to inspiring anecdotes, each piece resonated deeply with me.

I appreciate the opportunity to provide feedback. I enjoyed reading this Newsletter which includes mom's love for us and I am very inspired from reading stories of my LILA sisters. Once again, thank you for sharing this wonderful newsletter with me.

Love you mom and dad

■ **Sakshi Jogawade**
LG 2021



Dear Dad and Mom,

I want to convey my emotions and about the Inspira through this message.

The content of Inspira is crucial in spotlighting the inspiring journey of mom and dad, as well as highlighting my sister's academic and professional achievements. The context from my heart and shining stars are truly remarkable, and I am overjoyed to witness my sister's accomplishments. Being a daughter of this foundation has not only influenced my educational journey but has also instilled in me a deep sense of purpose and dedication to empowering others in our community. The scholarship has significantly eased financial burdens, allowing me to fully concentrate on my studies. I extend my sincere gratitude to mom, dad and didis for their unwavering financial and moral support for us.

Your loving daughter,

■ **Ramya Kopurotu**
LG 2022
Hyderabad



contd. from page 33...

"Success is not final, failure is not fatal: It is the courage to continue that counts."

These words resonate deeply with Shruti, whose journey is one defined by courage and resilience. Growing up, Shruti faced several challenges, but she was determined to make her own path. "Education was always the key," she recalls, "the way to a better life and a future filled with possibilities." After completing her diploma, she discovered the LILA Poonawalla Foundation (LPF)—a lifeline that brought hope and stability to her academic pursuits. This LPF scholarship, sponsored by IKEA, providing ₹45,000 per year, enabled her to focus wholeheartedly on her studies over her three years at Zeal College of Engineering and Research, where she graduated in Information Technology Engineering with a CGPA of 8.15. "This support lightened my financial burdens," she reflects, "allowing me to give my best and work toward my goals."

Shruti's journey was rooted in the support of her family, especially her grandfather, who became her guiding



force after she lost her mother in an accident at just nine months old. "My grandfather taught me strength and resilience," Shruti shares. Her father, a dedicated police constable, was also an enduring inspiration. His untimely passing further motivated her to join the police force, a choice she made to honour his legacy and commitment to public service.

Today, Shruti serves in the Cyber Police Force in Mumbai. "Working here is a dream realized," she says with pride, "and I am committed to making a positive impact in my role." Her path, marked by personal losses and unwavering resilience, reflects the strength of her character and the value of the support she received along the way.

Shruti's journey is a powerful reminder that every obstacle can be overcome with resilience and the right support. Her accomplishments in academia and her recent entry into the Cyber Police Force demonstrate the potential within each of us to achieve greatness.

We at LPF wish Shruti continued success and a future filled with strength and purpose.

■ **Compiled by Tazeen Shaikh
LG 2014**

Editor's Desk

Hello dear readers,
Wishing you all a very happy and bright festival of lights! Also, for the upcoming new year of 2025, I wish you all a great time ahead and may the coming year fill your life with vibrant colours and enthusiasm; may all your dreams come true!

As LPF steps into the 30th year of foundation, I at LPF and on behalf of LPF take this opportunity to share with you many more stories of our LILA daughters who have been doing exceptionally outstanding in their careers! In this issue, we have many Helping hands, few daughters as achievers, some as Shining stars, many as pathfinders and lot more... It is a difficult task every time to shortlist girls for various



columns. We have many stories but due to constraints of the pages for each issue, we could not bring every story in focus. We try to highlight as many as possible. Sorry sisters for the same!

The family is growing so vast and we are indeed very proud to be associated and be an important part as LILA

daughters! Cheers to our LPF family and we wish many more decades ahead!

Love you all, Take care! Will see you soon in the next issue!

■ **Kashmira Deval
LG 2012, LF 2015 and PA 2017**

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